

ADCY2, ADCY5, and GRIA1 as key genes of the cAMP signaling pathway in osteoporotic spinal fracture after manipulation of Wnt signaling

Xiaohua Zuo^{1,2}, Changdong Zhou³, Xuepiao Zhu², Dan Liu³, Yan Wang^{4*}, Hongguang Bao^{1*}, Kai Zhang⁵, Yong Zhang⁶

¹Department of Anesthesiology, The Affiliated Nanjing Hospital of Nanjing Medical University, Nanjing, Jiangsu, China

²Department of Pain Management, The Affiliated Huai'an Hospital of Xuzhou Medical University and The Second People's Hospital of Huai'an, Huai'an, Jiangsu, China

³Department of Image, The Affiliated Huai'an Hospital of Xuzhou Medical University and The Second People's Hospital of Huai'an, Huai'an, Jiangsu, China

⁴Department of Medicine Laboratory, The Second People's Hospital of Lianyungang, Lianyungang, Jiangsu, China

⁵Department of Medicine Laboratory, The Affiliated Huai'an Hospital of Xuzhou Medical University and The Second People's Hospital of Huai'an, Huai'an, Jiangsu, China

⁶Department of Endocrinology, The Affiliated Huai'an Hospital of Xuzhou Medical University and The Second People's Hospital of Huai'an, Huai'an, Jiangsu, China

Submitted: 11 December 2019; **Accepted:** 11 July 2020

Online publication: 15 April 2021

Arch Med Sci 2026; 22 (2): 1153–1163

DOI: <https://doi.org/10.5114/aoms/125210>

Copyright © 2021 Termedia & Banach

Abstract

Introduction: Osteoporotic spinal fracture, characterized by high morbidity and mortality, has become a health burden for the aging population. Inactivation of the Wnt signaling has been proved to promote osteoporotic fractures. Our study aimed to identify key genes, miRNAs, and pathways that possibly lead to osteoporosis and osteoporotic spinal fracture after aberrant activation or mutation of the Wnt signaling pathway.

Material and methods: The *impute* R package was used to identify differentially expressed genes (DEGs) and differentially expressed miRNAs in GEO datasets. STRING and Metascape were used to construct a protein-protein interaction (PPI) network and perform Gene Ontology (GO) and pathway enrichment analyses. Relative expression of ADCY2, ADCY5, and GRIA1 in bone tissues was measured by RT-qPCR.

Results: 562 DEGs were screened out using the *impute* R package, and a PPI network involving the 562 DEGs was constructed using STRING and Metascape. GO enrichment and pathway enrichment showed that the 562 DEGs were associated with membrane protein-related signaling pathways. Then, 75 genes shared between the target genes of miR-18a-3p and 562 DEGs were identified using Venny 2.1.0. Finally, the cAMP signaling pathway was identified as a key pathway, whilst ADCY2, ADCY5, and GRIA1 were identified as key genes that possibly participate in osteoporotic spinal fracture after manipulation of the Wnt signaling pathway. This was further supported by their excessive downregulation in osteoporotic patients with spinal fracture.

Conclusions: The results demonstrated that ADCY2, ADCY5, and GRIA1 are key genes regulating the cAMP signaling pathway in osteoporotic spinal fracture after abnormal Wnt signaling.

Key words: spinal fracture, Wnt signaling pathway, GRIA1, cAMP signaling.

*Corresponding authors:

Hongguang Bao
Department
of Anesthesiology
The Affiliated Nanjing
Hospital of Nanjing Medical
University
No. 68 Changle Road Nanjing
210006
Jiangsu, China
Phone/fax: +86
18952392956
E-mail:
hongguangbaocn@sina.com

Yan Wang
Department of
Medicine Laboratory
The Second People's
Hospital of Lianyungang
Affiliated to Jiangsu
University
No. 41 Hailian East Road
Haizhou District
Lianyungang 222006
Jiangsu, China
Phone/fax: +86
15150991760
E-mail:
wangyan1358@163.com

Introduction

Osteoporosis is a common disorder caused by the imbalance between osteoblastic bone formation and osteoclastic bone resorption [1]. Age is proportional to the risk of development of osteoporosis [2]. Due to the absence of estrogen, women after menopause were at the highest risk of osteoporosis according to a previous study [3]. Certainly, the absence of androgenic hormones could also cause osteoporosis in men [4]. Additionally, other factors also lead to osteoporosis, such as metabolic diseases, anorexia nervosa, thyroid and renal dysfunctions, and dietary as well as lifestyle habits such as low calcium intake or immobilization [5].

Osteoporosis can lead to a reduction in bone mass, deterioration in bone microarchitecture, susceptibility to skeletal fragility, and increased risk of fracture [6, 7]. Patients suffering osteoporotic fractures, particularly spinal fracture, are characterized by high morbidity and mortality, and significantly reduced quality of life. It has been reported that up to one-third of patients will sustain a new fracture within 5 years after the initial fracture [8]. Although anti-osteoporosis drugs reduce the risk of osteoporotic fractures by 20–70% in clinical trials depending on the drug and fracture type, persistence with osteoporosis therapy is poor, with one-year persistence ranging from 18% to 78% in real-world studies [9–14]. Postmenopausal women over age 55 are susceptible to osteoporosis-related spinal fracture [15]. Therefore, understanding the key mechanisms underlying osteoporotic fractures is crucial for treating spinal fracture.

The wntless-related integration site (Wnt)/ β -catenin signaling pathway is the key pathway of bone metabolism to regulate bone mass. Defective Wnt signaling causes several monogenic skeletal disorders such as osteoporosis-pseudoglioma syndrome, van Buchem disease, and sclerosteosis [16–18]. For example, WNT7B enhanced the ability of bone formation by increasing osteoblast activity to increase bone mass [19]. Glucocorticoids depressed bone formation by inhibiting the Wnt/ β -catenin signaling pathway [20]. Laine *et al.* found that the mutation of Wnt1 could decrease the activity of the Wnt/ β -catenin signaling pathway in bone, leading to a decreased number of bone cells, disrupted bone formation, low bone mass, and skeletal fragility [21]. If the skeletal fragility occurred in vertebrae, the spinal fracture might be caused by simple movements such as coughing or sneezing. Mäkitie *et al.* also reported that impaired WNT/ β -catenin signaling progressively changed the spinal structures, which increased the risk of compression fractures, especially after the age of 50 [22].

In this study, the expression profiles of mRNA and miRNA after manipulation of Wnt signaling

were obtained from the GEO database. Then, bioinformatic analysis including GO enrichment, KEGG enrichment, Reactome pathway, and PPI network analysis was performed to analyze the key pathway, miRNAs, and genes after mutation of the Wnt signaling pathway in osteoporosis and osteoporotic fractures. In the long term, our study should contribute to the treatment of osteoporotic fractures, especially spinal fracture.

Material and methods

Clinical samples

A total of 42 patients diagnosed with osteoporosis and spinal fracture between September 2018 and March 2020 and 45 age-matched healthy donors with unintentional spinal fractures (serving as normal controls) were enrolled in this study. Small needle bone biopsies from the spine were obtained from the subjects. All participants signed written informed consent forms before biopsy collection. This study has been approved by the Ethics Committee of the Affiliated Huai'an Hospital of Xuzhou Medical University and The Second People's Hospital of Huai'an.

Data collection and array data analysis

Two expression profile data sets, GSE34747 and GSE103473, relating to osteoporosis and peripheral and spinal fracture were downloaded from the GEO database (<https://www.ncbi.nlm.nih.gov/gds/>). The differentially expressed genes (DEGs) of GSE34747 between Wnt activation samples ($n = 3$) and normal samples ($n = 3$) were identified using the *impute* R package. The differentially expressed miRNAs of GSE103473 between Wnt1 mutation samples ($n = 12$) and normal samples ($n = 12$) were identified using the *impute* R package. The DEGs and differentially expressed miRNAs were selected with the \log [fold change] value ≥ 1 and p -value < 0.05 . The shared genes between DEGs of GSE34747 and the target genes of miRNAs of GSE103473 were identified using Venny 2.1.0.

Construction and analysis of protein-protein interaction (PPI) network

To construct the PPI network, DEGs were uploaded to STRING (<https://string-db.org/>) and Metascape (<http://metascape.org/gp/index.html#/main/step1>). STRING is an online tool to predict and visualize the PPI, which includes direct and indirect associations. Metascape is an online gene annotation and analysis tool, which can analyze and visualize the PPI network. The analysis of PPI by the Metascape algorithm depends on BioGrid, InWeb_IM, and OmniPath databases. Molecular

Complex Detection (MCODE) was applied to identify connected network components.

Gene ontology (GO) enrichment and pathway enrichment analysis

GO enrichment of DEGs including biological process, molecular function, and cellular component was analyzed using STRING and Metascape. The Reactome pathway database is a relational database of signaling and metabolic molecules. STRING PPI network construction was performed to analyze the Reactome pathways of DEGs. Kyoto Encyclopedia of Genes and Genomes (KEGG) pathways containing the information of the network of genes or molecules were also analyzed by STRING and Metascape.

Quantitative real-time PCR (RT-qPCR)

Total RNA was extracted from bone tissues from spines using TRIzol reagent (Invitrogen, USA) and quantified using NanoDrop 2000 (Thermo Fisher Scientific, USA). Then 2 µg of RNA was subjected to reverse transcription PCR to generate cDNA through the use of PrimeScriptVR RT reagent Kit (Takara, Japan). Then qRT-PCR was conducted to detect the expression of target genes using SYBR Premix Ex Taq (Takara, Japan). GAPDH was applied as the internal control, and the gene expression was calculated using the $2^{-\Delta\Delta CT}$ method. The measurement data were shown as mean ± standard deviation (SD), and the difference between two groups was analyzed by Student's *t*-test using GraphPad Prism 8.0 (GraphPad Software, USA). Statistical significance was defined as $p < 0.05$.

Results

GO enrichment and Reactome pathway enrichment of 562 DEGs using STRING

Wnt signaling was associated with osteoporosis and could be activated by lithium. GSE34747 including the LiCl-stimulated samples (Wnt activation samples) and normal samples was analyzed by R software. Hierarchical clustering analysis showed that the datasets were well clustered: most genes in Wnt activation samples and normal samples tended to be grouped in two clusters, with minimal overlap between groups (Figure 1 A). For functional enrichment analysis by STRING, 562 DEGs were finally selected with the fold change value ≥ 1 and p -value < 0.05 , and the complicated PPI network was displayed (Figure 1 B). GO enrichment showed that the biological process of 562 DEGs was associated with the chemical stimulus, the molecular function of 562 DEGs was associated with receptor activity, and cellular component was associated with membrane (Figure 1 C). Meanwhile, Reactome pathway analysis revealed that G-protein-coupled receptor

(GPCR) was a key signaling pathway which has been proved to be related to osteoporosis. These results identified 562 DEGs that may be associated with membrane protein-related signaling pathways.

Analysis of process enrichment, pathway enrichment, and PPI network of DEGs using Metascape

To further identify the function of 562 DEGs, another algorithm, Metascape, was used to analyze and visualize the key processes and pathways. As shown in Figure 2 A, the calcium signaling pathway, consistent with the GO analysis results from STRING, was the key pathway. In addition, the PPI network constructed by Metascape displayed 5 MCODEs (Figure 2 B). The top 3 MCODEs were calcium signaling pathway, cAMP signaling pathway, and anterograde trans-synaptic signaling. The results from Metascape identified that the calcium signaling pathway and cAMP signaling pathway were the key pathways.

Identification of overlapping genes between target genes of miRNAs and DEGs

GSE103473 was the miRNA profile of spinal fracture involving the Wnt1 mutation samples and normal samples. Hierarchical clustering analysis showed that most miRNAs in Wnt mutation samples and normal samples tended to be grouped in two clusters, while there was some degree of overlapping (Figure 3 A). miR-34a-5p, miR-22-3p, miR-143-5p, miR-18a-3p, miR-31-5p, and miR-223-3p were the top 6 differentially expressed miRNAs of GSE103473. Venny 2.1.0 was then used to select the overlapping genes between the target genes of the top 6 differentially expressed miRNAs and the formerly identified 562 DEGs of GSE34747. Due to the highest number of overlapping genes in miR-18a-3p, miR-18a-3p and 75 overlapping genes were identified as being associated with osteoporosis and spinal fracture (Figures 3 B–G).

Identification of key genes using STRING and Metascape

To explore the biological functions of 75 genes involved in osteoporosis and peripheral and spinal fracture, STRING was first used to construct the PPI network of the 75 genes. The PPI network analysis showed that ADCY5, ADCY2, MLLT4, and GRIA1 were the genes associated with the cAMP signaling pathway (Figure 4 A). Similar to the result of STRING, process and pathway analysis by Metascape also revealed that the cAMP signaling pathway was the key pathway (Figure 4 B). Comparing the results of STRING with Metascape, ADCY2, ADCY5, and GRIA1 were identified as significant genes associated with the cAMP signaling

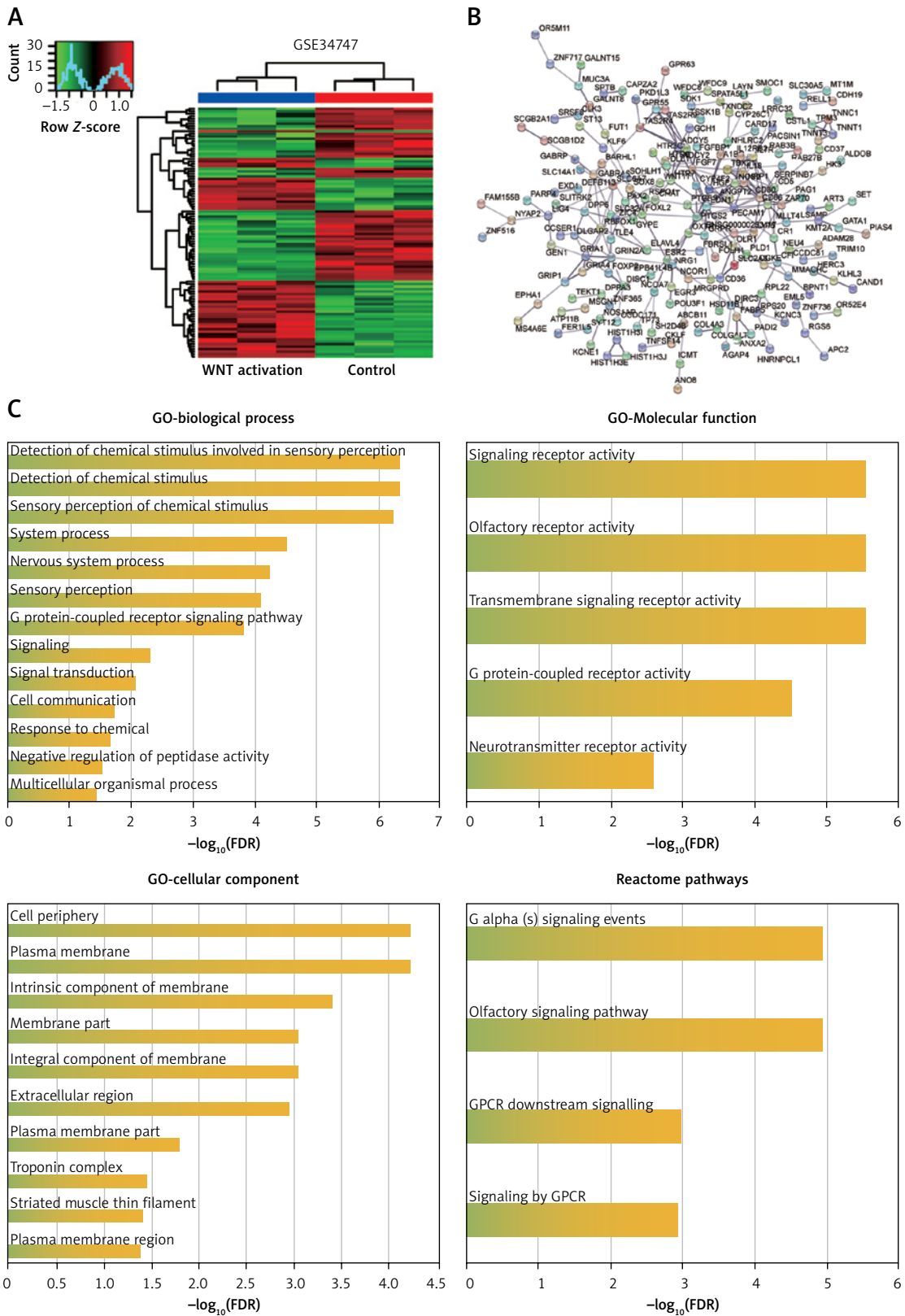


Figure 1. Functional enrichment analysis of 562 DEGs in GSE34747. **A** – Heat map of DEGs in GSE34747. Red color indicates upregulated genes while green indicates downregulated genes. **B** – PPI network for DEGs constructed using STRING. **C** – GO enrichment and Reactome pathway enrichment of DEGs analyzed by STRING

DEGs – differentially expressed genes, PPI – protein-protein interactions, GO – Gene Ontology, FDR – false discovery rate.

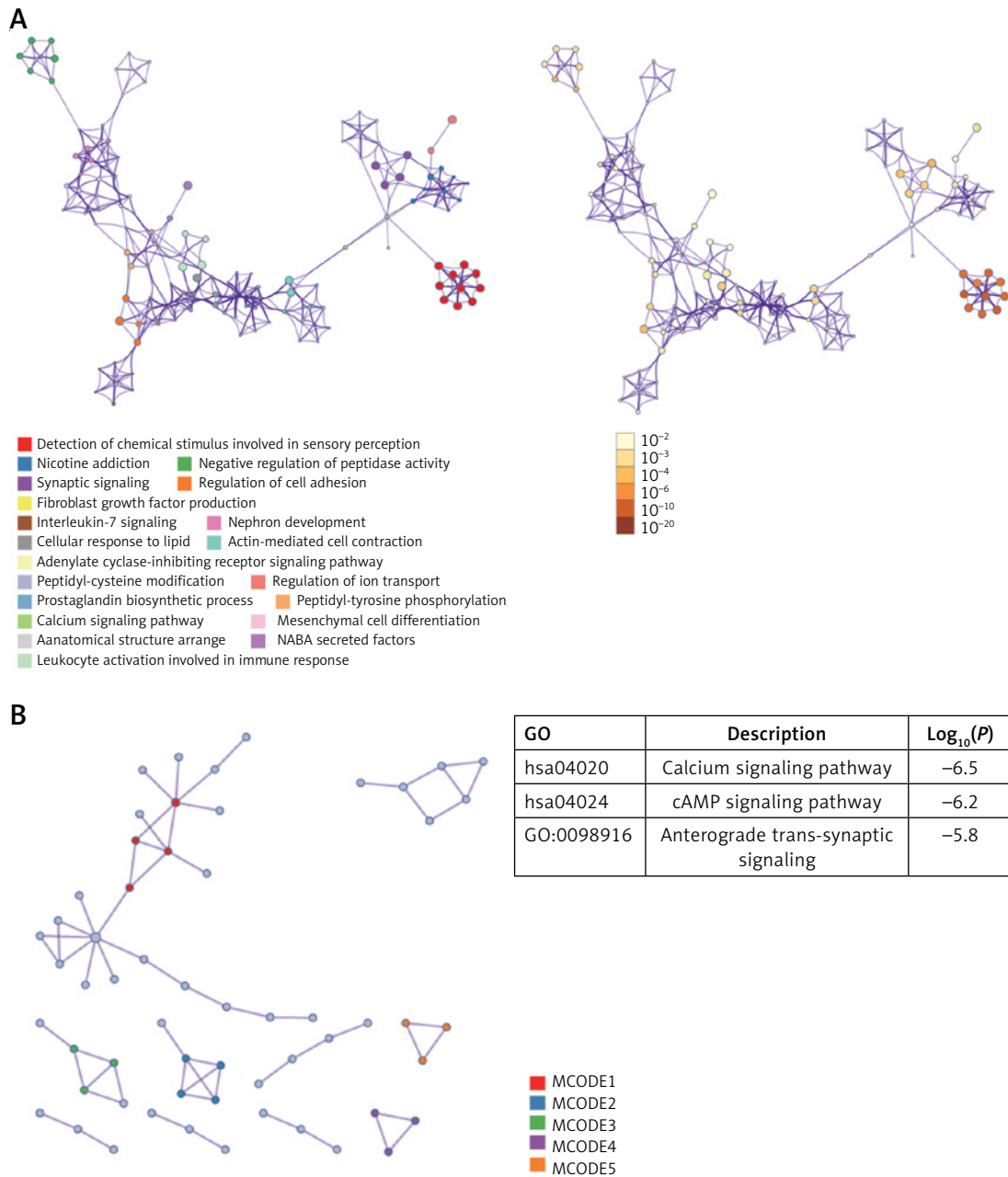


Figure 2. Analysis of GO enrichment, KEGG enrichment, and PPI network of 562 DEGs using Metascape. **A** – The top 20 enriched pathways and biological processes are shown in different colors. **B** – Construction of PPI network using Metascape. The top 3 MCODEs are displayed. DEGs, differentially expressed genes

PPI – protein-protein interactions, GO – Gene Ontology, KEGG – Kyoto Encyclopedia of Genes and Genomes, MCODE – Molecular Complex Detection.

pathway and possibly participate in osteoporosis and spinal fracture following Wnt signaling manipulation (Figure 4 C).

Expression of ADCY2, ADCY5, and GRIA1 in osteoporotic patients with spinal fracture

To further investigate the association of ADCY2, ADCY5, and GRIA1 with spinal fracture, we collected bone tissues from osteoporotic patients with spinal fracture ($n = 42$) and age-matched healthy

donors ($n = 45$), and examined the expression of ADCY2, ADCY5, and GRIA1 mRNA by RT-qPCR. The results showed approximately 50% downregulation of ADCY2 mRNA in the bone tissues of osteoporotic patients compared with the healthy donors (normal group) (Figure 5 A). Meanwhile, the expression of ADCY5 and GRIA1 mRNA exhibited 60% downregulation in the bone tissues of osteoporotic patients (Figures 5 B–C). These results indicated that ADCY2, ADCY5, and GRIA1 may play

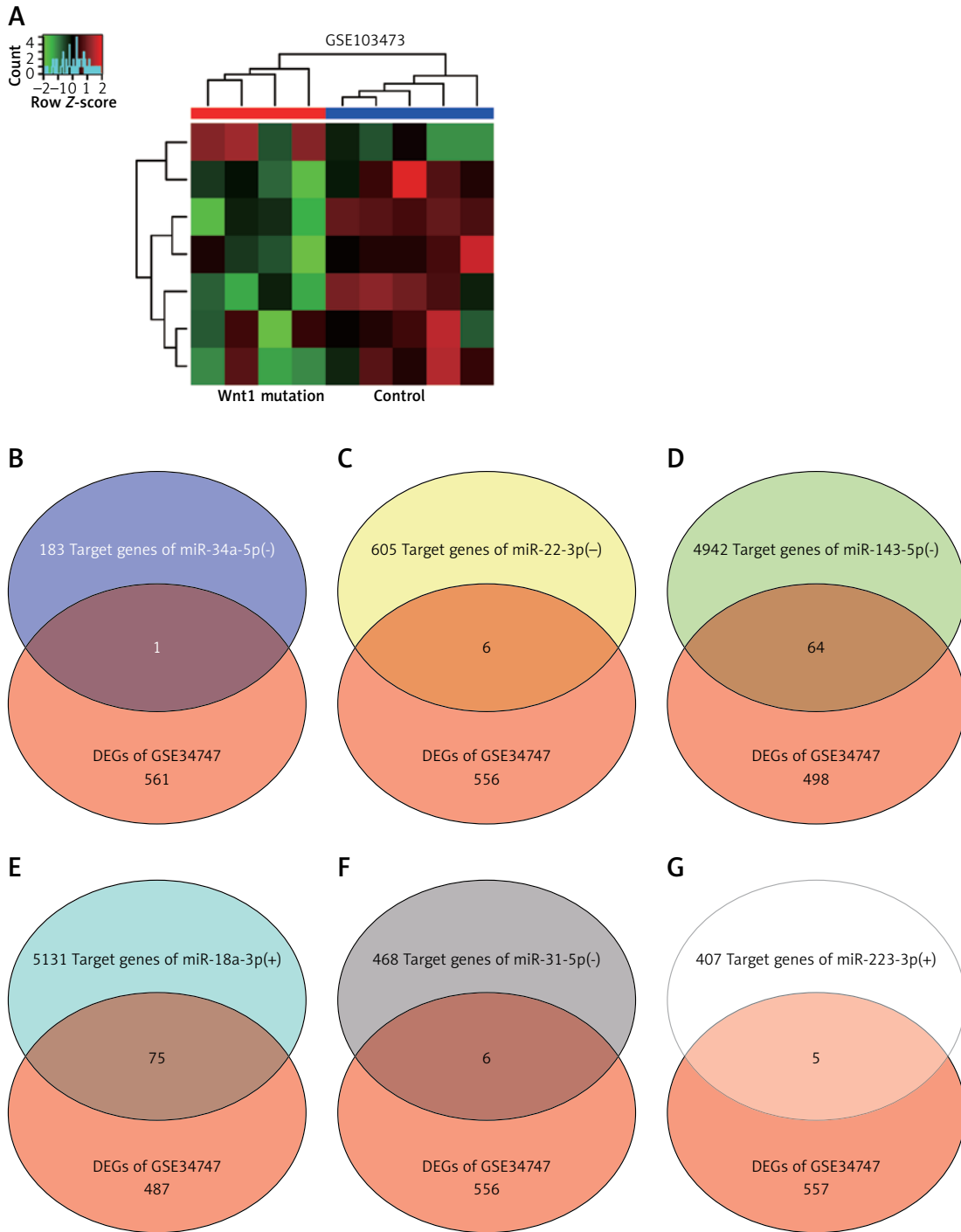


Figure 3. Target genes of top 6 differentially expressed miRNAs were screened out using R software and Venny 2.1.0. **A** – Heat map of differentially expressed miRNAs in GSE103473 using R software. **B–G** – Venny 2.1.0 was applied to identify the target genes of miRNAs which also belonged to DEGs in GSE34747

DEGs – differentially expressed genes. -, low expression. +, high expression.

a regulatory role in the occurrence of osteoporosis with spinal fracture.

Discussion

Spinal fracture induced by osteoporosis has become a health burden of the aging population,

especially in postmenopausal women over 55. Activation of the Wnt/ β -catenin signaling pathway has been proved to prevent osteoblast and osteocyte apoptosis, so it plays a negative role in osteoporosis [20]. In this study, the GO analysis and Reactome pathway analysis revealed that 562 DEGs may be associated with membrane protein-re-

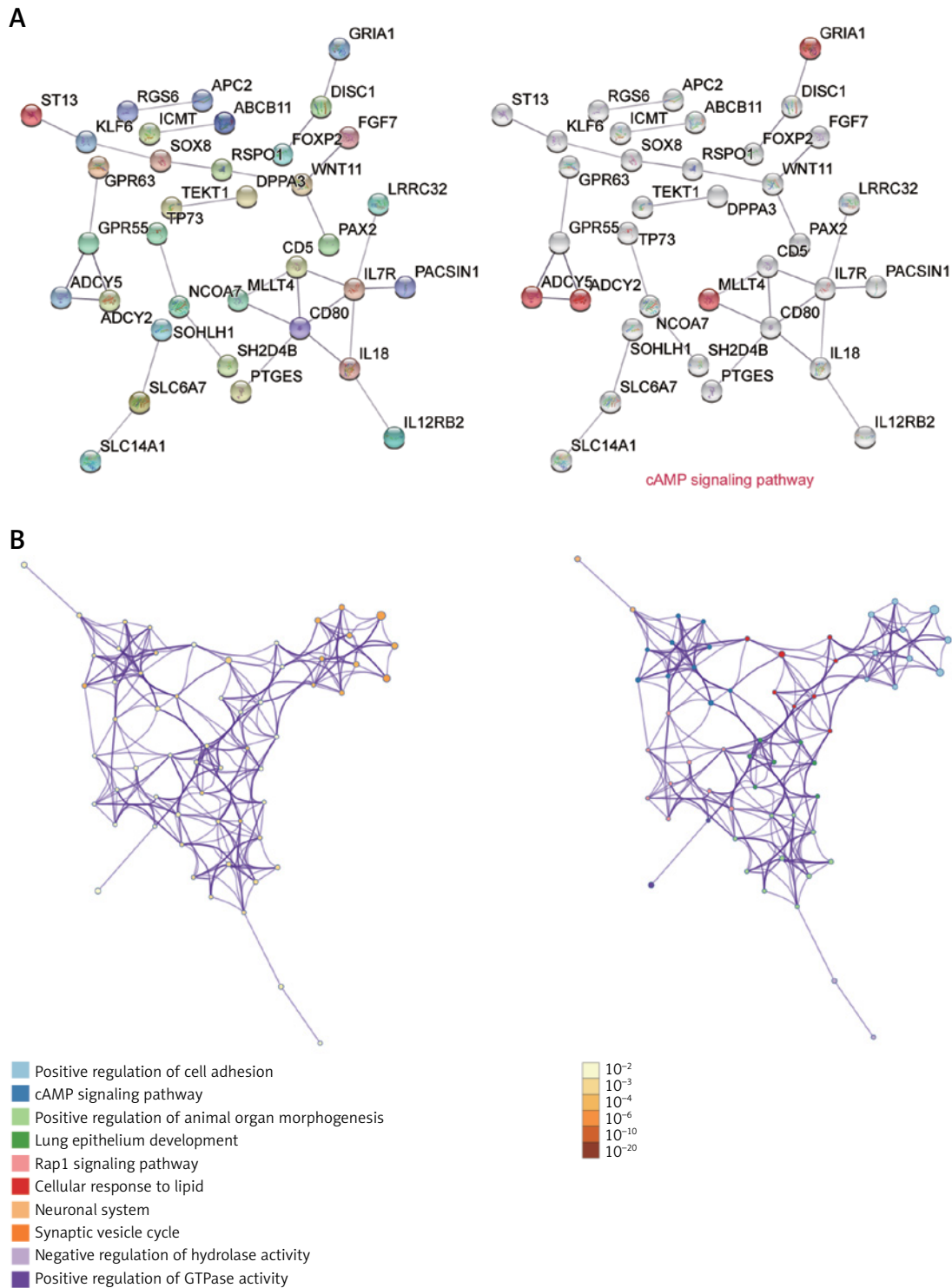


Figure 4. ADCY2, ADCY5, and GRIA1 were identified as key genes by STRING, Metascape and Venny 2.1.0. **A** – The PPI network of 72 target genes of miR-18a-3p was constructed using STRING. Genes involved in the cAMP signaling pathway are shown. **B** – cAMP signaling pathway was identified as the key pathway by Metascape analysis. Different colors represent different processes and pathways. **C** – Common genes (ADCY2, ADCY5, and GRIA1) from Metascape and STRING involved in cAMP signaling pathway identified using Venny 2.1.0. PPI, protein-protein interactions

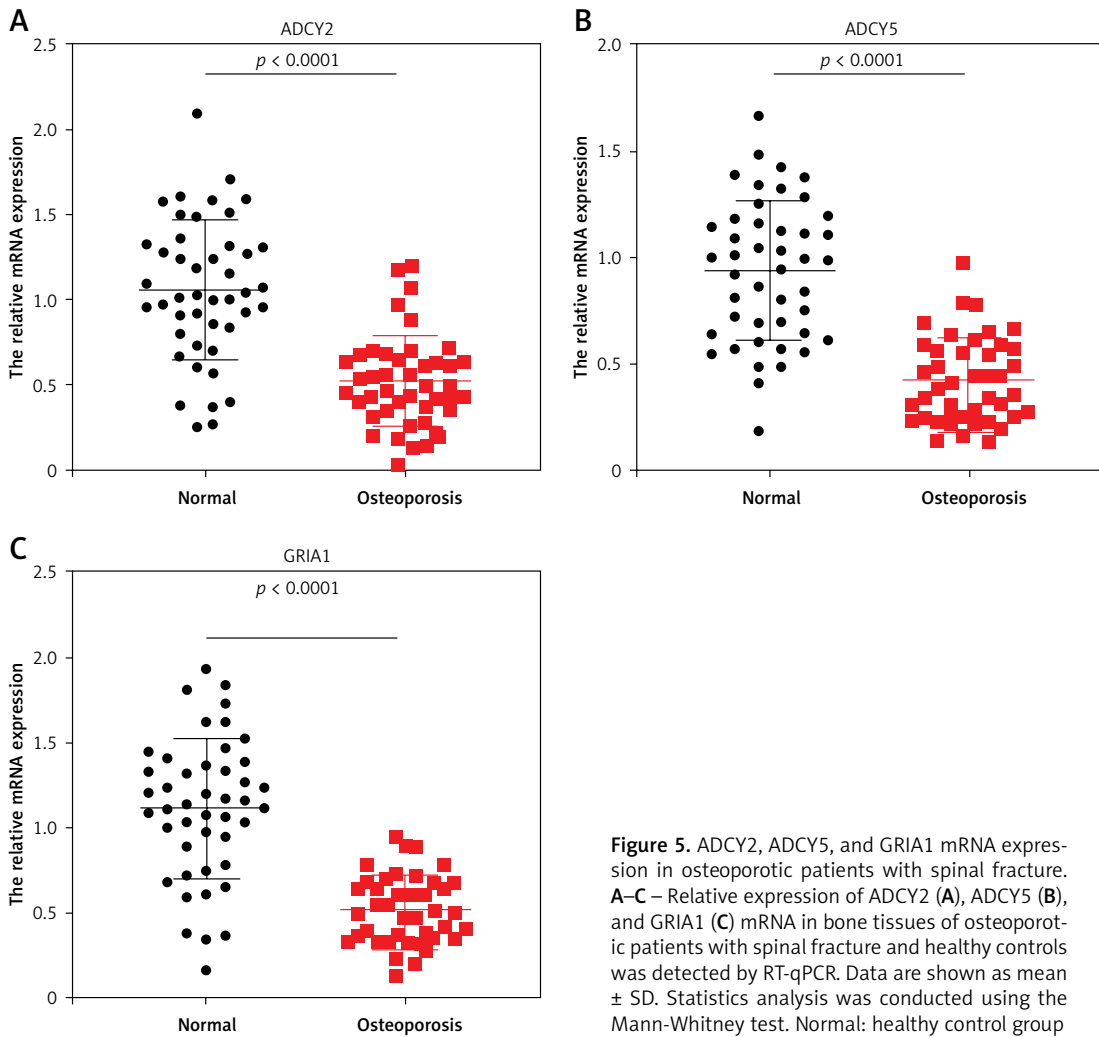


Figure 5. ADCY2, ADCY5, and GRIA1 mRNA expression in osteoporotic patients with spinal fracture. **A–C** – Relative expression of ADCY2 (A), ADCY5 (B), and GRIA1 (C) mRNA in bone tissues of osteoporotic patients with spinal fracture and healthy controls was detected by RT-qPCR. Data are shown as mean \pm SD. Statistics analysis was conducted using the Mann-Whitney test. Normal: healthy control group

lated signaling pathways, especially the calcium signaling and cAMP signaling pathways. By analyzing the miRNA microarray, the 75 target genes of miR-18a-3p were screened out for further PPI network construction and GO term enrichments. Both STRING and Metascape enrichments identified that the cAMP signaling pathway was a crucial pathway. By comparing the results of STRING and Metascape, ADCY2, ADCY5, and GRIA1 were identified as key genes participating in osteoporosis and spinal fracture after the manipulation of Wnt signaling. Lastly, the aberrantly downregulated ADCY2, ADCY5, and GRIA1 in osteoporotic patients with spinal fracture further suggested the potential role of the three genes in the pathogenesis of osteoporotic spinal fracture.

The Wnt/ β -catenin signaling pathway promoted the regeneration of osseous tissue by stimulating proliferation and differentiation of osteoblasts [23, 24]. The Wnt proteins are secreted glycoproteins, which can stimulate the signaling pathway by binding to LRP5/6 and the co-receptor Fizzled [25]. Then, receptors including Dsh, Axin, and

APC can inhibit the activity of glycogen synthase kinase 3 (GSK3) to prevent the phosphorylation of β -catenin [26]. The phosphorylation of β -catenin results in the degradation of β -catenin so that the Wnt/ β -catenin is inactivated. Kim *et al.* found that β -catenin expression in bone tissues from patients suffering from osteoporotic fractures was reduced, indicating that the decrease of β -catenin could cause osteoporotic fractures [24]. Additionally, the Wnt/ β -catenin signaling pathway has also been reported to participate in the regulation of chondrocyte proliferation and apoptosis in osteoarthritis [27]. In our study, impaired Wnt signaling led to significant miR-18a-3p upregulation that possibly participated in osteoporosis and spinal fracture. Seventy-five genes that were both target genes of miR-18a-3p and DEGs caused by proactive Wnt activation underwent STRING and Metascape interrogation, which demonstrated that the cAMP signaling pathway was the key pathway that may be associated with Wnt activation or mutation. We concluded that activation or inactivation of the Wnt signaling pathway could

affect cAMP signaling, consequently affecting osteoporosis and spinal fracture processes.

Cyclic 3',5'-adenosine monophosphate (cAMP) is an important second messenger in bone homeostasis, which plays a prominent role in determining the fate of cells. The intracellular cAMP level may be elevated by activating GPCR, a major mediator of bone remodeling, by inhibiting osteoblast apoptosis and enhancing osteoblast differentiation [28]. In the present study, the Reactome pathway analysis revealed that signaling by GPCR was closely associated with Wnt activation, which was consistent with the enrichment analysis results for 75 overlapping genes. cAMP has been proved to inhibit osteoblast proliferation by suppressing the MAP kinase pathway [29]. In addition, a network pharmacological study demonstrated that the cAMP signaling pathway was one of the critical pathways closely related to bone formation and resorption [30]. Weivoda *et al.* investigated the relationship between cAMP and Wnt pathways and found that Wnt3a suppressed osteoclast differentiation by activating the cAMP/PKA pathway [31]. Together with the previous studies and our bioinformatic analysis, we inferred that the cAMP signaling pathway is closely associated with Wnt signaling, and thus may participate in osteoporotic fractures.

Adenylate cyclase, a family of membrane bound enzymes that catalyze the formation of cyclic AMP from ATP under the stimulation of G-protein signaling, is a direct regulator of cAMP signaling pathway [32]. The adenylate cyclase family consists of nine members, named ADCY1–ADCY9 [33]. It has been shown that the blockage of cAMP/PKA/CREB signaling through inhibiting the activity of adenylate cyclase can repress icariin-induced osteogenesis [34]. Another report stated that the stimulation of adenylyl cyclase could activate cAMP-mediated MAPK signaling and induce the expression of Runx2 in osteoblasts to accelerate bone regeneration [35]. Given the potential regulation of cAMP signaling in osteoporosis, the key catalytic enzyme of cAMP signaling, adenylate cyclase, can be speculated to play a regulatory role in the development and progression of osteoporotic spinal fracture. Particularly, ADCY6 was demonstrated to promote the proliferation and differentiation of osteoblasts in osteoporotic rats through activating the Rap1/MAPK signaling pathway [36]. It was also once reported that ADCY3 had a positive effect on bone formation [37]. Interestingly, a study on ADCY5 knock-out mouse models suggested that ADCY5 protected the mice from bone density reduction and susceptibility to fractures of aging [38]. ADCY2 was also identified to be a potential regulator in osteoporotic spinal fracture by our study; however, there is no study supporting this. Based on the close relationship between ADCY2 and cAMP signaling, we believe

that it is worth studying the effects of ADCY2 in osteoporotic spinal fracture. On the other hand, only glutamate ionotropic receptor AMPA type subunit 1 (GRIA1), belonging to a family of AMPA receptors, has been proved to be a tumor suppressor gene in human osteosarcoma [39]. Therefore, the identified genes ADCY2, ADCY5, and GRIA1 are of high significance with respect to osteoporosis and potentially spinal fracture, and thus need to be further studied, which may provide new therapeutic strategies for osteoporotic fractures.

During our search on gene expression profiling GEO data series in spinal fracture, we found only the GSE34747 dataset. The limited number of samples is indeed a drawback; however, no other profiling data are available, and we currently do not have sufficient funds to conduct our own gene profiling experiment. We will certainly consider conducting gene expression profiling of our own data in the future. In addition, we have provided the PCR verification results, which to some extent makes the results more reliable.

In conclusion, we identified that the cAMP signaling pathway was associated with the activation or inactivation of the Wnt signaling pathway in osteoporotic fractures. Meanwhile, ADCY2, ADCY5, and GRIA1 were associated with osteoporotic fractures involving the Wnt pathway and cAMP pathway, although studies on these genes in osteoporotic fractures remain limited. Our findings may provide novel therapeutic strategies for osteoporotic fractures.

Acknowledgments

Xiaohua Zuo, Changdong Zhou and Xuepiao Zhu contributed equally to this work.

Funding

No external funding.

Ethical approval

Not applicable.

Conflict of interest

The authors declare no conflict of interest.

References

- Teitelbaum SL. Bone resorption by osteoclasts. *Science* 2000; 289: 1504-8.
- Wright NC, Looker AC, Saag KG, et al. The recent prevalence of osteoporosis and low bone mass in the United States based on bone mineral density at the femoral neck or lumbar spine. *J Bone Mineral Res* 2014; 29: 2520-6.
- Foessel I, Kotzbeck P, Obermayer-Pietsch B. miRNAs as novel biomarkers for bone related diseases. *J Labor Precision Med* 2019; 4: doi: 10.21037/jlpm.2018.12.06.

4. Golds G, Houdek D, Arnason T. Male hypogonadism and osteoporosis: the effects, clinical consequences, and treatment of testosterone deficiency in bone health. *Int J Endocrinol* 2017; 2017: 4602129.
5. Kanis JA, McCloskey EV. Risk factors in osteoporosis. *Maturitas* 1998; 30: 229-33.
6. Keen R. Osteoporosis: strategies for prevention and management. *Best Pract Res Clin Rheumatol* 2007; 21: 109-22.
7. Li S, Li X, He F, Jiao R, Zhang S, Li Z. Amarogentin promotes osteoblast differentiation in oestrogen-deficiency-induced osteoporosis rats by modulating the Nrf-2/MAPK/ERK signalling pathway. *Arch Med Sci* 2023; 19: 452-7.
8. Klop C, Welsing PM, Elders PJ, et al. Long-term persistence with anti-osteoporosis drugs after fracture. *Osteoporosis Int* 2015; 26: 1831-40.
9. Wells GA, Cranney A, Peterson J, et al. Alendronate for the primary and secondary prevention of osteoporotic fractures in postmenopausal women. *Cochrane Database Syst Rev* 2008; 1: CD001155.
10. Wells G, Cranney A, Peterson J, et al. Risedronate for the primary and secondary prevention of osteoporotic fractures in postmenopausal women. *Cochrane Database Syst Rev* 2008; 1: CD004523.
11. Netelenbos JC, Geusens PP, Ypma G, Buijs SJ. Adherence and profile of non-persistence in patients treated for osteoporosis--a large-scale, long-term retrospective study in The Netherlands. *Osteoporosis Int* 2011; 22: 1537-46.
12. Li L, Roddam A, Gitlin M, et al. Persistence with osteoporosis medications among postmenopausal women in the UK General Practice Research Database. *Menopause* 2012; 19: 33-40.
13. van Boven JF, de Boer PT, Postma MJ, Vegter S. Persistence with osteoporosis medication among newly-treated osteoporotic patients. *J Bone Mineral Metab* 2013; 31: 562-70.
14. Confavreux CB, Canoui-Poitrine F, Schott AM, Ambrosi V, Tainturier V, Chapurlat RD. Persistence at 1 year of oral antiosteoporotic drugs: a prospective study in a comprehensive health insurance database. *Eur J Endocrinol* 2012; 166: 735-41.
15. Evans AJ, Jensen ME, Kip KE, et al. Vertebral compression fractures: pain reduction and improvement in functional mobility after percutaneous polymethylmethacrylate vertebroplasty retrospective report of 245 cases. *Radiology* 2003; 226: 366-72.
16. Gong Y, Slee RB, Fukai N, et al. LDL receptor-related protein 5 (LRP5) affects bone accrual and eye development. *Cell* 2001; 107: 513-23.
17. Loots GG, Kneissel M, Keller H, et al. Genomic deletion of a long-range bone enhancer misregulates sclerostin in Van Buchem disease. *Genome Res* 2005; 15: 928-35.
18. Balemans W, Ebeling M, Patel N, et al. Increased bone density in sclerosteosis is due to the deficiency of a novel secreted protein (SOST). *Human Mol Genet* 2001; 10: 537-43.
19. Chen J, Tu X, Esen E, et al. WNT7B promotes bone formation in part through mTORC1. *PLoS Genet* 2014; 10: e1004145.
20. Guanabens N, Gifre L, Peris P. The role of Wnt signaling and sclerostin in the pathogenesis of glucocorticoid-induced osteoporosis. *Curr Osteoporosis Rep* 2014; 12: 90-7.
21. Jacobs S, Hansen F, Kasl S, Ostfeld A, Berkman L, Kim K. Anxiety disorders during acute bereavement: risk and risk factors. *J Clin Psychiatry* 1990; 51: 269-74.
22. Makiitie RE, Niinimäki T, Nieminen MT, Schalin-Jantti C, Niinimäki J, Makiitie O. Impaired WNT signaling and the spine-Heterozygous WNT1 mutation causes severe age-related spinal pathology. *Bone* 2017; 101: 3-9.
23. Collins JN, Kirby BJ, Woodrow JP, et al. Lactating Ctggrp nulls lose twice the normal bone mineral content due to fewer osteoblasts and more osteoclasts, whereas bone mass is fully restored after weaning in association with up-regulation of Wnt signaling and other novel genes. *Endocrinology* 2013; 154: 1400-13.
24. Kim JH, Liu X, Wang J, et al. Wnt signaling in bone formation and its therapeutic potential for bone diseases. *Ther Adv Musculoskel Dis* 2013; 5: 13-31.
25. Suen PK, Qin L. Sclerostin, an emerging therapeutic target for treating osteoporosis and osteoporotic fracture: a general review. *J Orthop Transl* 2016; 4: 1-13.
26. Cong F, Schweizer L, Varmus H. Wnt signals across the plasma membrane to activate the beta-catenin pathway by forming oligomers containing its receptors, Frizzled and LRP. *Development* 2004; 131: 5103-15.
27. Zhu Z, Bai X, Wang H, Li X, Sun G, Zhang P. A study on the mechanism of Wnt inhibitory factor 1 in osteoarthritis. *Arch Med Sci* 2020; 16: 898-906.
28. Kim JM, Choi JS, Kim YH, et al. An activator of the cAMP/PKA/CREB pathway promotes osteogenesis from human mesenchymal stem cells. *J Cell Physiol* 2013; 228: 617-26.
29. Chaudhary LR, Avioli LV. Identification and activation of mitogen-activated protein (MAP) kinase in normal human osteoblastic and bone marrow stromal cells: attenuation of MAP kinase activation by cAMP, parathyroid hormone and forskolin. *Mol Cell Biochem* 1998; 178: 59-68.
30. Zeng J, Li C, Gu Z. A network pharmacological study to unveil the mechanisms of xianlinggubao capsule in the treatment of osteoarthritis and osteoporosis. *Arch Med Sci* 2024; 20: 557-66.
31. Weivoda MM, Ruan M, Hachfeld CM, et al. Wnt signaling inhibits osteoclast differentiation by activating canonical and noncanonical cAMP/PKA pathways. *J Bone Mineral Res* 2016; 31: 65-75.
32. Bassler J, Schultz JE, Lupas AN. Adenylate cyclases: receivers, transducers, and generators of signals. *Cell Signal* 2018; 46: 135-44.
33. Johnstone TB, Agarwal SR, Harvey RD, Ostrom RS. cAMP signaling compartmentation: adenylyl cyclases as anchors of dynamic signaling complexes. *Mol Pharmacol* 2018; 93: 270-6.
34. Shi W, Gao Y, Wang Y, et al. The flavonol glycoside icariin promotes bone formation in growing rats by activating the cAMP signaling pathway in primary cilia of osteoblasts. *J Biol Chem* 2017; 292: 20883-96.
35. Khan K, Pal S, Yadav M, et al. Prunetin signals via G-protein-coupled receptor, GPR30(GPER1): stimulation of adenylyl cyclase and cAMP-mediated activation of MAPK signaling induces Runx2 expression in osteoblasts to promote bone regeneration. *J Nutr Biochem* 2015; 26: 1491-501.
36. Pan BL, Tong ZW, Li SD, et al. Decreased microRNA-182-5p helps alendronate promote osteoblast proliferation and differentiation in osteoporosis via the Rap1/MAPK pathway. *Biosci Rep* 2018; 38: BSR20180696.
37. Kemp JP, Sayers A, Smith GD, Tobias JH, Evans DM. Using Mendelian randomization to investigate a possible causal relationship between adiposity and increased bone mineral density at different skeletal sites in children. *Int J Epidemiol* 2016; 45: 1560-72.

38. Yan L, Vatner DE, O'Connor JP, et al. Type 5 adenylyl cyclase disruption increases longevity and protects against stress. *Cell* 2007; 130: 247-58.
39. Bernardini G, Laschi M, Serchi T, et al. Proteomics and phosphoproteomics provide insights into the mechanism of action of a novel pyrazolo[3,4-d]pyrimidine Src inhibitor in human osteosarcoma. *Mol bioSystems* 2014; 10: 1305-12.