Calendula officinalis green-mediated silver nanoparticles: formulation, characterization and assessment of colorectal cancer activities

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Abstract

Introduction: The biosynthesis of metal nanoparticles using medicinal plants is not only economical but also environmentally friendly as well as having miscellaneous biomedical applications.

Material and methods: In the present study, silver nanoparticles were green-synthesized using an aqueous extract of *Calendula officinalis*. The synthesized AgNPs@*C. officinalis* was characterized by analytical techniques including EDX, FE-SEM, XRD, UV-Vis., and FT-IR. The anti-human colorectal cancer activities of AgNPs@*C. officinalis* were evaluated using MTT assay. The nanoparticles were formed in a spherical shape in the range of 38.05 to 75.41 nm for the particle size. On the other hand, the MTT assay was run to evaluate anti colorectal cancer activity of AgNPs@*C. officinalis*. In the cellular and molecular part of the study, the cells treated with AgNPs@*C. officinalis* were assessed by MTT assay for 48 h to determine the cytotoxicity and anti-human colorectal carcinoma properties on normal (HUVEC) and colorectal carcinoma cell lines, i.e. WiDr, SW1417 [SW-1417], and DLD-1.

Results: In the antioxidant test, the IC₅₀ values of AgNPs@*C. officinalis* and BHT against DPPH free radicals were 222 and 124 μ g/ml, respectively. The viability of the malignant colorectal cell line decreased dose-dependently in the presence of AgNPs@*C. officinalis*. The IC₅₀ values of AgNPs@*C. officinalis* were 430, 326, and 392 μ g/ml against WiDr, SW1417 [SW-1417], and DLD-1 cell lines, respectively.

Conclusions: After the clinical study, silver nanoparticles containing *C. officinalis* leaf aqueous extract may be used to formulate a new chemotherapeutic drug or supplement to treat several types of human colorectal carcinoma.

Key words: *Calendula officinalis*, silver nanoparticles, green synthesis, antioxidant, anti-human colorectal cancer, cytotoxicity.

Introduction

Calendula officinalis is well known as a medicinal plant. The plant belongs to the Asteraceae family [1]. So far, various usages have been reported for *C. officinalis* [2]. The plant is used for jaundice and blood purification. The plant is an effective agent for sunburn, burns, and dry dermatosis and is

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Behnam Mahdavi Department of Chemistry Faculty of Science Hakim Sabzevari University 96179-76487 Sabzevar, Iran E-mail: b.mahdavi@hsu.ac.ir also known as an anti-inflammatory and wound healing drug [3, 4]. *C. officinalis* has antifungal, hypoglycemic, anti-inflammatory, and hypolipidemic properties [2]. The extracts of *C. officinalis* are dominated by various classes of secondary metabolites. The plant is rich in terpenoids, flavonoids, coumarins, saponins, phenolic acids, lipids, and glucosides. The presence of these compounds is the major reason for the ability of *C. officinalis* to cure different diseases [5–7].

Previous studies have indicated that when metallic nanoparticles are green-synthesized by ethnomedicinal plants rich in antioxidant molecules, their therapeutic properties such as anti-human cancer effects significantly increase. Many researchers use chemotherapy to treat several types of cancers [8-11]. Chemotherapeutic supplements exert several side effects on many organs, so today the effective chemotherapeutic drug formulation from nanoparticles is valuable [10-12]. One of the simplest nanostructures that is widely used in industry today is metallic nanoparticles. Metallic nanoparticles can bind non-destructively to single-stranded DNA, which are important in medical diagnostics. Nanoparticles also can pass through the vessel and position the target organ in the body, which is used in biomedicine, imaging and therapy [8–10]. Biomedical applications of nanoparticles include drug carriers, tracking or labeling materials, carriers for gene therapy, hyperthermia, and materials for magnetic resonance imaging. To use nanoparticles to deliver a drug molecule or DNA or a gene in gene therapy, chemical changes at the nanoparticle surface are always required for specific interactions with the desired biomolecule. Nanoparticles are used for imaging for medical purposes or in vitro and in vivo chemical processes. Metallic nanoparticles have received a lot of attention because of their antifungal, photocatalytic and UV absorbing properties [9, 10]. Due to the antibacterial properties of these metal oxide nanoparticles, they can be used in the food industry and active food packaging. Also, metallic nanoparticles are potentially used in hyperthermia, magnetic resonance imaging (MRI), diagnosis and treatment of tumors or cancer, biomarkers, biodegradation, biotechnology and the removal of important organic, inorganic and radioactive contaminants due to their high biocompatibility [8-14]. Metallic nanoparticles have many applications in various fields such as fuel cells (hydrogen, methanol), glucose detection, drug delivery, toxicology, and biological interactions [10, 11]. Metallic nanoparticles as a strong antioxidant resource are much less toxic than metals and also these nanoparticles have high power in scavenging free radicals (FR), so they can be used as natural antioxidants. Studies show that these nanoparticles detoxify hydroperoxidases and lipohydroperoxidases at the cytoplasmic and mitochondrial matrix levels. Metallic nanoparticles such as copper, silver and titanium have very high antimicrobial properties that can be used in various industrial and biomedical sectors [9, 11]. Nanoparticles can also be used as coatings on molecules to bind or interact with biological targets. To ensure the presence of these nanoparticles in the target part of the body, carriers are used to accurately deliver these nanoparticles, in which peptides have been introduced as one of the best carriers [12]. Metallic nanoparticles containing medicinal plants have very significant anti-cancer effects. In recent years, these metal nanoparticles containing herbs have been used to treat various cancers of the ovaries, prostate, esophagus, stomach, lungs, and various leukemias [8-12].

It is predicted that if metal nanoparticles are synthesized and formulated with the plants, their anti-cancer effects against colorectal cancer cells will be much stronger. In the current research, the properties of silver nanoparticles formulated by *Calendula officinalis* leaf aqueous extract against common colorectal adenocarcinoma cell lines, i.e. WiDr, SW1417 [SW-1417], and DLD-1, were evaluated.

Material and methods

Materials

Phosphate buffer solution (PBS), Sabouraud Dextrose Agar, Sabouraud Dextrose Medium, Muller Hinton Agar, Mueller Hinton Medium, carbazole reagent, 4-(dimethylamino)benzaldehyde, Dulbecco's Modified Eagle Medium (DMED), Ehrlich solution, dimethyl sulfoxide (DMSO), hydrolysate, decamplmaneh fetal bovine serum, borax-sulfuric acid mixture, 2,2-diphenyl-1-picrylhydrazyl (DPPH), and antimycotic antibiotic solution were all obtained from Sigma-Aldrich (USA).

Preparation and extraction of aqueous extract

First, the dried leaves of *Calendula officinalis* were ground. Then, 80 g of the sample was macerated in 500 ml of boiling water for 3 h. Next, filtration and evaporation were applied to obtain the concentrated extract. Finally, the extract was put in a freeze drier for 72 h to produce the powder extract of *Calendula officinalis*.

Green synthesis and chemical characterization of AgNPs@C. officinalis

A reported procedure (with some modifications) was used for green-synthesis of AgNPs@. *officinalis* [8]. First, 25 ml of the plant extract (0.2 g in 25 ml of water) was added to 50 ml of 0.1 M AgNO₃. Then, the mixture was stirred for 24 h at 30°C. After this time, the silver nanoparticle was formed. The obtained AgNPs@*C*. *officinalis* was washed three times with water:ethanol and centrifuged at 10 000 rpm for 15 min. Finally, the precipitate was dried at room temperature. The synthesized nanoparticles as a dark brown powder were kept in a vial for chemical characterization and biological activity evaluation.

Chemical characterization techniques

Different factors of the nanoparticles such as shape, particle size, fractal dimensions, crystallinity, and surface area are characterized by FT-IR spectroscopy, XRD, SEM, and EDS. In the present study, the FT-IR spectra of the synthetic nanoparticles were recorded by a Shimadzu FT-IR 8400 ranging from 400 to 4000 cm⁻¹ (KBr disc); The FE-SEM Images and EDS result were reported using MIRA3TESCAN-XMU. The AgNPs@*C. officinalis* XRD pattern was recorded in the 2 θ which ranged from 20 to 80° by a GNR EXPLORER instrument at a 40 KV voltage, a current of 30 mA, and Cu-K α radiation (1.5406 Å).

Antioxidant activities of AgNPs@C. officinalis

The ability of hydrogen atoms or electrons to give off different compounds and nanoparticles in this test is measured by the degree of decolorization of the 2,2-diphenyl-1-picryl-hydrazyl purple solution in methanol. In this method, DPPH (Sigma-Aldrich) was used as a stable radical compound. Thus, 100 μ l of various dilutions of nanoparticles in methanol was added to 10 ml of 0.005% DPPH solution in methanol. After 1 h of incubation at the absorption room temperature, the samples were read against blank at 518 nm. The DPPH inhibition percentage was computed by the following formula [15]: Inhibition (%) = (Sample A/Control A) × 100.

In this formula, "Control A" shows the negative control of light absorption that lacks nanoparticles, and "Sample A" expresses the amount of light absorption of different concentrations of nanoparticles [15].

Anti-human colorectal cancer properties of AgNPs@C. officinalis

In this research, the following cell lines were used to assess the anti-human colorectal carcinoma properties of silver nitrate, *C. officinalis* leaf aqueous extract and AgNPs@*C. officinalis* using an MTT method.

a) Human colorectal cancer cell lines; WiDr, SW1417 [SW-1417], and DLD-1,

b) Normal cell line: HUVEC.

These cells were maintained in a DMEM medium with 10% bovine embryos and 1% penicillin/ streptomycin antibiotic (to prevent fungal growth). Prerequisites for cell growth at 37°C are 5% CO, with 95% moisture, which was provided by the NÜVE incubator (EC160 model). For the MTT assay, when the cells reached at least 70% cell growth, they were separated from the bottom of the flask by trypsin-ethyldiamine tetraacetic acid and centrifuged at 1700 rpm for 6 min. Cell precipitate was prepared in suspension in 1 ml of culture medium. The viability of cells in cell suspension was determined by mixing it with an equal proportion of trypan blue, and counting them with a Neobar slide under a light microscope. After confirming that the cells were not infected, cells with a viability of more than 90% were used for testing [16]. To investigate the effect of nanoparticles on cancer cell proliferation, the tetrazolium (MTT) salt colorimetric method was used. For this test, 10⁴ cells were added to each well of a 96-well plate. After 24 h of incubation, concentrations of 1–1000 μ g/ ml were treated on cancer and normal cells for 24, 48 and 72 h. After these times, 20 µl of MTT solution and 200 µl of base culture medium were added to each well. The plate was placed in a dark CO₂ incubator at 37°C for 4 h in the dark. After this time, 100 µl of DMSO was added to each well. 492 and 630 nm optical readings were placed in the ELISA reader (DANA model DA3200). The cell viability was computed by the following formula [16]: Cell viability (%) = (Sample A/Control A) × 100.

To compare the results, in addition to the formula mentioned above, which was calculated as an average of 5 repetitions of experiments, the results were analyzed using SPSS software version 22 and the statistical differences between the treatments were examined by *t*-test.

Results and Discussion

Chemical characterization of AgNPs@C. officinalis

XRD analysis

The XRD diffraction patterns of AgNPs@C. officinalis evaluated its crystallinity. The pattern of the diffractogram is shown in Figure 1. The formation of



Figure 1. XRD Pattern of AgNPs@C. officinalis

nanoparticles was confirmed by this result. Despite the small size of AgNPs@C. officinalis, the pattern of XRD indicated well crystallization. The achieved data were compared with the standard database of JCPD card 04–0783. The signals with 2θ values of 38.325, 44.915, 64.655, and 77.735 are indexed as (111), (200), (220), and (311) planes. 43.49 nm was measured for the crystal size of AgNPs@C. officinalis that was calculated using X-ray diffraction and according to Scherer's equation. Various crystalline sizes have been determined according to XRD analysis for the biosynthesized AgNPs using plant extracts: 27.18 nm for Salvia leriifolia leaf extract [17]; 18 nm for Caesalpinia pulcherrima extract [18]; 45 nm for Phyllanthus emblica extract [19]; 50 nm for Berberis vulgaris extract [20]; and 5 nm for Selaginella bryopteris extract [21].

SEM analysis

The morphology of AgNPs@C. officinalis was assessed by the FE-SEM technique. Figure 2 presents the FE-SEM of AgNPs@C. officinalis. The images show the spherical shape for the nanoparticles with particle size in the range of 22.43 to 57.57 nm. Furthermore, the nanoparticles are aggregated. This is a general property of the green synthesized metallic nanoparticles, which was found in our literature review [17, 22–24]. In our review of the literature, the size of silver nanoparticles which were synthesized using plant extract was in the range of 5 to 251.1 nm [9–21].

EDS analysis

The qualitative analysis of EDS was run to screen the elemental analysis of AgNPs@*C. officinalis.* The EDS diagram of AgNPs is shown in Figure 3. The findings confirmed the presence of silver (by the peak at 3.02 keV for AgL α and the peak at 3.19 keV for AgL β), oxygen (by the peak around 0.5 keV for OL α), and carbon (by the peak around 0.3 keV for CL α) in AgNPs@*C. officinalis.* The signal for silver has been reported by other research groups [21]. The presence of oxygen and carbon confirmed the linkage between silver nanoparticles and organic compounds of the plant extract.



Figure 2. SEM Images of ZnNPs@C. officinalis



Figure 3. EDS analysis of AgNPs@C. officinalis







UV-Vis. analysis

The UV-Vis. spectrum of the green-synthetic nanoparticles of AgNPs@*C. officinalis* is presented in Figure 4. The surface plasmon resonance (SPR) of AgNPs@*C. officinalis* was completed using UV-Vis. spectroscopy. The produce of the biosynthetic AgNPs@*C. officinalis* was observed. The advanced SPR bands at the wavelength of 452 nm proved the formation of the silver nanoparticles. The bands are very close to a previous report on the green synthesis of silver nanoparticles using *Fritillaria* extract [25].

FT-IR analysis

The FT-IR spectrum of silver nanoparticles is shown in Figure 5. The formation of AgNPs@. officinalis is proved by the presence of the peaks at wavenumbers 513, 582 and 640 cm⁻¹. Similar peaks with some differences in the wavenumber have been reported for green-synthetic AgNPs by other research groups [21]. The other peaks in the spectrum are attributed to the functional groups of different organic compounds in C. officinalis extract, which are linked to the surface of AgNPs@C. officinalis. The presence of secondary metabolites such as phenolic, flavonoid, saponins, quinones, terpenoids in C. officinalis extract has been reported previously [2, 4, 7, 26]. The peaks at 3423 and 2921 cm⁻¹ are related to O-H and aliphatic C-H stretching: the peaks from 1550 to 1683 cm^{-1} correspond to C=C and C=O stretching, and the peaks at 1010 cm⁻¹ could be ascribed to C-O and C-O-C stretching vibrations.

Cytotoxicity, anti-human colorectal cancer, and antioxidant activities of AgNPs@ *Calendula officinalis*

With the advances in life sciences, measuring the rate of proliferation, survival and cell mortality under different conditions has become very important. In this regard, MTT analysis has greatly contributed to the study of biocompatibility of various materials by providing a highly safe non-radioactive colorimetric system. Cytotoxicity tests are tests that examine the side effects of various compounds on the cell. These processes take place in the environment outside the human body, called extracorporeal. Most of these processes also use cell culture. In MTT analysis according to the ISO 10993-5 international standard, different types of equipment are tested for cytotoxicity; if they do not have toxic effects, they will obtain the necessary standards and licenses and enter the buying and selling market. The MTT set is the best-known test for cell viability. The main purpose of this test is to evaluate the toxicity of compounds, drugs or other supplements



Figure 5. FT-IR spectrum of biosynthesized AgNPs@C. officinalis

on the cell. Of course, it may also be mentioned in articles as a process for examining cell proliferation or counting [27–29]. MTT analysis can differentiate between living and dead cells by affecting intracellular organs. In this method, the cells, after being cultured in the laboratory, are "treated" with the desired substances to evaluate their toxicity. At the end of this test, for each concentration of the substance, the cell viability is determined. Although this method is primarily for water-soluble solutions and compounds, it is currently used for other compounds soluble in organic solvents and nanoparticles. The behavior and rate of cell proliferation may increase or not change at all under the influence of hormones, growth factors, cytokines and mitogens. Also, some drugs and cytotoxic (toxic) substances, such as anticancer drugs, may cause necrosis or apoptosis (death) of cells or slow down the rate of proliferation and growth or even cause loss of cell structure [28-31]. Proper analysis of the MTT test can evaluate many of these behaviors. The MTT analysis is based on mitochondrial activity. This activity is usually stable in living cells. Hence, any change in several active and living cells is linked to mitochondrial properties. This examination is a colorimetric method based on the breakdown and reduction of yellow tetrazolium crystals by succinate dehydrogenase and the formation of insoluble purple crystals in the final analysis. Unlike other methods, MTT analysis eliminates the cell washing and shrinking steps, which usually cause the loss of some cells and increase the work error. That is, all the steps of the experiment, from the cell culture beginning to reading and analyzing the findings with a photometer, are done in a completely compact way and in a "micro plate". Hence the sensitivity, accuracy, and repeatability of the test are high [30–32].

In this study, the cells treated with different concentrations of the silver nitrate, *C. officinalis* leaf aqueous extract, and AgNPs@*C. officinalis* were assessed by MTT assay for 48 h to determine the cytotoxicity properties on normal (HU-VEC) and colorectal malignancy cell lines, i.e. WiDr, SW1417 [SW-1417], and DLD-1.

Table I. Anti-colorectal cancer properties of AgNO ₃ ,	AgNPs@C. officinalis, and C. officinalis leaf aqueous extract
against human colorectal cancer cell lines	

Concentration [µg/ml]	Cell viability (%)			
_	WiDr	SW1417 [SW-1417]	DLD-1	HUVEC
AgNO ₃ (0)	100 ±0ª	100 ±0ª	100 ±0ª	100 ±0 ^a
AgNO ₃ (1)	100 ±0 ^a	100 ±0 ^a	100 ±0 ^a	100 ±0 ^a
AgNO ₃ (2)	100 ±0ª	100 ±0 ^a	100 ±0 ^a	100 ±0 ^a
AgNO ₃ (3)	100 ±0ª	100 ±0 ^a	100 ±0 ^a	100 ±0 ^a
AgNO ₃ (7)	100 ±0ª	100 ±0 ^a	100 ±0 ^a	100 ±0 ^a
AgNO ₃ (15)	100 ±0ª	100 ±0 ^a	100 ±0 ^a	100 ±0 ^a
AgNO ₃ (31)	100 ±0 ^a	99.2 ±0.44 ^a	100 ±0 ^a	98.4 ±0.54ª
AgNO ₃ (62)	98.4 ±1.34ª	95.2 ±0.83ª	100 ±0 ^a	95 ±1 ^a
AgNO ₃ (125)	94.6 ±0.89 ^a	88.4 ±1.34 ^a	97.2 ±0.83ª	91.6 ±0.89ª
AgNO ₃ (250)	89 ±1.22ª	79.4 ±0.54 ^{ab}	90 ±0.7ª	85.6 ±0.89ª
AgNO ₃ (500)	81 ±1 ^{ab}	66.4 ±0.54 ^{ab}	83.8 ±0.44 ^a	77 ±1.22 ^{ab}
AgNO ₃ (1000)	68.2 ±1.3 ^{ab}	53.6 ±0.89 ^b	70.4 ±1.34 ^{ab}	62.2 ±0.83 ^{ab}
C. officinalis (0)	100 ±0ª	100 ±0 ^a	100 ±0 ^a	100 ±0 ^a
C. officinalis (1)	100 ±0ª	100 ±0 ^a	100 ±0 ^a	100 ±0 ^a
C. officinalis (2)	100 ±0ª	100 ±0 ^a	100 ±0 ^a	100 ±0 ^a
C. officinalis (3)	100 ±0ª	100 ±0 ^a	100 ±0 ^a	100 ±0 ^a
C. officinalis (7)	100 ±0ª	100 ±0 ^a	100 ±0 ^a	100 ±0 ^a
C. officinalis (15)	100 ±0ª	100 ±0 ^a	100 ±0 ^a	100 ±0 ^a
C. officinalis (31)	100 ±0ª	100 ±0ª	100 ±0ª	100 ±0ª
C. officinalis (62)	97.6 ±0.89ª	96.4 ±1.34ª	97.4 ±0.89ª	100 ±0 ^a
C. officinalis (125)	92.4 ±0.54ª	90 ±1ª	92 ±1.22ª	99.2 ±0.44ª
C. officinalis (250)	80.6 ±0.89 ^{ab}	74 ±0.7 ^{ab}	79.2 ±1.3 ^{ab}	98 ±0.7ª
C. officinalis (500)	64 ±1 ^{ab}	58.4 ±0.89 ^b	60.6 ±0.89 ^{bc}	96 ±1ª
C. officinalis (1000)	47 ±1.22 ^b	34.2 ±1.3 ^{bc}	35.8 ±0.44 ^{bc}	91.8 ±0.44 ^a
AgNPs@C. officinalis (0)	100 ±0 ^a	100 ±0 ^a	100 ±0 ^a	100 ±0 ^a
AgNPs@C. officinalis (1)	100 ±0 ^a	100 ±0 ^a	100 ±0 ^a	100 ±0 ^a
AgNPs@C. officinalis (2)	100 ±0 ^a	100 ±0 ^a	100 ±0 ^a	100 ±0 ^a
AgNPs@C. officinalis (3)	100 ±0 ^a	100 ±0 ^a	100 ±0 ^a	100 ±0 ^a
AgNPs@C. officinalis (7)	100 ±0 ^a	100 ±0 ^a	100 ±0 ^a	100 ±0 ^a
AgNPs@C. officinalis (15)	99.6 ±0.89 ^a	98 ±0.7ª	100 ±0 ^a	100 ±0 ^a
AgNPs@C. officinalis (31)	95.4 ±0.54ª	92.2 ±0.44 ^a	97 ±1ª	99.8 ±0.44 ^a
AgNPs@C. officinalis (62)	88.4 ±0.54ª	84.4 ±1.34 ^a	90.4 ±1.34 ^a	98.6 ±0.89 ^a
AgNPs@C. officinalis (125)	77.6 ±0.89 ^{ab}	70 ±1.22 ^{ab}	77.2 ±1.3 ^{ab}	95 ±0.7ª
AgNPs@C. officinalis (250)	61.4 ±1.34 ^b	54.8 ±0.44 ^b	60 ±1 ^b	90.4 ±0.89 ^a
AgNPs@C. officinalis (500)	45.6 ±0.89 ^b	39.2 ±0.44 ^{bc}	42.4 ±1.34 ^{bc}	84 ±1.22 ^a
AgNPs@C. officinalis (1000)	22 ±1°	11.2 ±1.3 ^c	14.4 ±0.54 ^c	77 ±1 ^{ab}

Different letters indicate significant differences between experimented groups ($p \le 0.01$).

Table II. The IC_{50} values of AgNO₃, AgNPs@C. *officinalis*, and C. *officinalis* leaf aqueous extract in cytotoxicity and anti-colorectal cancer tests

Variable	AgNO ₃ [µg/ml]	AgNPs@C. officinalis [µg/ml]	C. officinalis [µg/ml]
IC ₅₀ against WiDr	-	430 ±0°	911 ±0 ^a
IC ₅₀ against SW1417 [SW-1417]	-	326 ±0 ^d	673 ±0 ^b
IC ₅₀ against DLD-1	-	392 ±0 ^{cd}	713 ±0 ^b
IC ₅₀ against HUVEC	-	_	-

Different letters indicate significant differences between experimented groups ($p \le 0.01$).

The viability of the malignant colorectal cell lines decreased dose-dependently in the presence of silver nitrate, *Calendula officinalis* leaf aqueous extract, and AgNPs@*C. officinalis*. The IC₅₀ values of AgNPs@*C. officinalis* were 430, 326, and 392 μ g/ml against WiDr, SW1417 [SW-1417], and DLD-1 cell lines, respectively (Tables I, II). The IC₅₀ values of *C. officinalis* leaf aqueous extract were 911, 673, and 713 μ g/ml against WiDr, SW1417 [SW-1417], and DLD-1 cell lines, respectively (Tables I, II).

The absorbance rate was evaluated at 570 nm, which represented viability on the normal cell line (HUVEC) even up to 1000 μ g/ml for silver nitrate, *C. officinalis* leaf aqueous extract, and AgNPs@*C. officinalis* (Tables I, II).

In this study, we determined the AgNPs@C. officinalis antioxidant properties by the free radical (DPPH) test. Free radicals (FRs) are unstable molecules or atoms that have an unpaired electron. FRs are formed by breaking a bond of a stable molecule. This property increases their chemical reactions. The main important FR in humans is O₂. Oxygen molecules are exposed to various forms of radiation, stress, and smoke from smoking, etc. By taking an electron from other molecules, it destroys other molecules, cells and DNA. Wherever FRs are mentioned, antioxidants are the main way to fight them and regenerate damaged cells [9-11]. Antioxidants destroy FRs and increase the body's immunity against a variety of diseases. Antioxidants are compounds that eliminate the threat of FRs to cell life by preventing the production of FRs or converting them into less active forms. In inflammatory processes in the body,

Table III. Antioxidant activities of <i>I</i> hydroxyl toluene against DPPH	AgNO ₃ , AgNPs@C. offici	nalis, C. officinalis le	af aqueous extract	, and butylated
			_	

Concentration [µg/ml]	DPPH inhibition (%)	Concentration [µg/ml]	DPPH inhibition (%)	
AgNO ₃ (0)	0 ±0ª	C. officinalis (0)	0 ±0ª	
AgNO ₃ (1)	0 ±0ª	C. officinalis (1)	0 ±0 ^a	
AgNO ₃ (2)	0 ±0ª	C. officinalis (2)	1.2 ±0.83ª	
AgNO ₃ (3)	1.2 ±0.83 ^a	C. officinalis (3)	3.4 ±1.34 ^a	
AgNO ₃ (7)	2 ±1ª	C. officinalis (7)	6.2 ±0.83 ^a	
AgNO ₃ (15)	4.2 ±0.83 ^a	C. officinalis (15)	10 ±1ª	
AgNO ₃ (31)	8.2 ±0.83 ^a	C. officinalis (31)	15.4 ±0.89ª	
AgNO ₃ (62)	12.2 ±1.3 ^a	C. officinalis (62)	24.2 ±1.3 ^{ab}	
AgNO ₃ (125)	18.2 ±0.83ª	C. officinalis (125)	35.2 ±0.83 ^{ab}	
AgNO ₃ (250)	25 ±1 ^{ab}	C. officinalis (250)	47.2 ±0.44 ^b	
AgNO ₃ (500)	35 ±1.22 ^{ab}	C. officinalis (500)	62 ±1.22 ^{bc}	
AgNO ₃ (1000)	48.8 ±0.44 ^b	C. officinalis (1000)	83.2 ±0.83 ^c	
AgNPs@C. officinalis (0)	0 ±0ª	BHT (0)	0 ±0 ^a	
AgNPs@C. officinalis (1)	0 ±0ª	BHT (1)	0 ±0 ^a	
AgNPs@C. officinalis (2)	2.4 ±0.89 ^a	BHT (2)	1 ±1.22 ^a	
AgNPs@C. officinalis (3)	4.2 ±0.44 ^a	BHT (3)	3.4 ±0.89 ^a	
AgNPs@C. officinalis (7)	7.4 ±1.34 ^a	BHT (7)	7.2 ±0.83 ^a	
AgNPs@C. officinalis (15)	12.4 ±1.34 ^a	BHT (15)	14.2 ±0.44 ^a	
AgNPs@C. officinalis (31)	18 ±1ª	BHT (31)	23.2 ±0.83 ^{ab}	
AgNPs@C. officinalis (62)	27 ±1 ^{ab}	BHT (62)	35.4 ±1.34 ^{ab}	
AgNPs@C. officinalis (125)	39.2 ±0.83 ^{ab}	BHT (125)	50.2 ±0.83 ^b	
AgNPs@C. officinalis (250)	53.2 ±1.3 ^b	BHT (250)	70 ±1 ^{bc}	
AgNPs@C. officinalis (500)	70.2 ±0.83 ^{bc}	BHT (500)	100 ±0°	
AgNPs@C. officinalis (1000)	100 ±0°	BHT (1000)	100 ±0°	

Different letters indicate significant differences between experimented groups ($p \le 0.01$).

Table IV. IC_{50} values of AgNO₃, AgNPs@*C. officinalis, C. officinalis* leaf aqueous extract, and butylated hydroxyl toluene in the antioxidant test

Concentration [µg/ml]	AgNO ₃	AgNPs@C. officinalis	C. officinalis	BHT
IC ₅₀ [μg/ml]	-	222 ±0 ^b	447 ±0 ^a	124 ±0°

Different letters indicate significant differences between experimented groups ($p \le 0.01$).

large amounts of superoxide anion radicals are produced by phagocytes. Macrophages and neutrophils produce superoxide and H₂O₂ radicals to defend against microorganisms [8, 9]. In such cases, the presence of antioxidants is necessary to modify reactions in which FRs are produced and to prevent the harmful effects of reactive oxygen species and to prevent damage to immune cells. Antioxidants are used as anti-aging and anti-cancer agents and against cardiovascular, mitochondrial, Huntington's and nerve-destroying diseases such as Parkinson's. In addition, oral administration of some antioxidants is a supplement to increase energy and strengthen the immune system. Primary sources of natural antioxidants are legumes, fruits and vegetables, identified as dietary antioxidants and potentially reducing disease. Given that the synthetic antioxidants used, such as BHT, can be carcinogenic as well as hepatotoxic, over the last two decades, the tendency of consumers to use natural resources to produce antioxidants has increased and attracted a great deal of attention [11, 15, 33, 34].

The scavenging capacity of *C. officinalis* leaf aqueous extract green-synthesized AgNPs@*C. officinalis* and BHT at different concentrations expressed as percentage inhibition is presented in Tables III, IV.

In the antioxidant test, the IC_{50} values of *C. officinalis* leaf aqueous extract, AgNPs@*C. officinalis*, and BHT against DPPH free radicals were 447, 222, and 124 µg/ml, respectively (Tables III, IV).

In conclusion, we have introduced a green method to synthesize silver nanoparticles for the first time using the extract of C. officinalis. The structural features of nanoparticles were evaluated through various analytical techniques such as FT-IR, XRD, FE-SEM, and EDS analyses. The techniques confirmed that AgNPs@C. officinalis had been synthesized in the best possible condition. The viability of the malignant colorectal cell line decreased dose-dependently in the presence of AgNPs@C. officinalis. The IC₅₀ values of AgNPs@C. officinalis were 430, 326, and 392 µg/mL against WiDr, SW1417 [SW-1417], and DLD-1 cell lines, respectively. The AgNPs@C. officinalis showed the best antioxidant activities against DPPH. The IC₅₀ values of AgNPs@C. officinalis and BHT against DPPH free radicals were 222 and 124 µg/mL, respectively. After the clinical study, AgNPs@C. officinalis containing C. officinalis leaf aqueous extract can be utilized as an efficient drug to treat the colorectal cancer in humans.

Conflict of interest

There is no conflict of interest.

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