

APOE suppresses osteosarcoma by modulating ferroptosis through the mTOR/Stat3 signaling pathway

Keywords

Autophagy, Ferroptosis, Osteosarcoma, APOE, mTOR/Stat3 signaling pathway

Abstract

Introduction

Osteosarcoma (OS) is a highly malignant bone tumor with limited treatment options. The role of Apolipoprotein E (APOE) in OS remains unclear. This study explores the impact of APOE overexpression on OS, particularly its effects on ferroptosis and autophagy.

Material and methods

APOE was identified as a key gene through weighted gene co-expression network analysis (WGCNA) and protein-protein interaction (PPI) network analysis of the GSE28424 dataset. APOE was overexpressed in OS cell lines to evaluate its effects on cell behavior. The role of autophagy was investigated using the autophagy inhibitor 3-MA. The involvement of ferroptosis and the mTOR/Stat3 signaling pathway was investigated utilizing Quantitative real-time reverse transcription PCR (qRT-PCR), Western blot (WB), and flow cytometry. A mouse xenograft model was employed to validate the in vitro results.

Results

APOE overexpression significantly inhibited OS cell proliferation, invasion, migration, and epithelial-mesenchymal transition (EMT), with 3-MA partially reversing these effects. APOE overexpression also inhibited the mTOR and Stat3 expression, enhancing autophagy, as shown by increased LC3B-1, LC3B-2, and Beclin1 expression. Additionally, APOE overexpression promoted apoptosis, associated with increased reactive oxygen species (ROS) and intracellular Fe²⁺ levels, and altered ferroptosis-related gene expression, including upregulation of TfR1 and downregulation of FPN, GPX4, and SLC7A11. In vivo, APOE overexpression in a mouse xenograft model resulted in significantly smaller tumors, with changes in autophagy and ferroptosis markers consistent with in vitro findings.

Conclusions

APOE overexpression suppresses osteosarcoma growth by promoting ferroptosis and autophagy through the mTOR/Stat3 signaling pathway, highlighting its promise as a target for OS therapeutic intervention.

1 ***APOE* suppresses osteosarcoma by modulating ferroptosis through the**
2 **mTOR/Stat3 signaling pathway**

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4 Xiangyang Cheng[#], Chong Bian[#], Yiming Zhang, Huijie Gu, Guangnan Chen, Liang
5 Wu*

6 Department of Orthopedics, Minhang Hospital, Fudan University, No. 170 Xinsong
7 Road, Minhang District, Shanghai, 201199, China.

8
9 **#These authors contributed equally.**

10 ***Corresponding author**

11 Liang Wu, Mr

12 Email: wuliang7860@163.com

13 Department of Orthopedics, Minhang Hospital, Fudan University, No. 170 Xinsong
14 Road, Minhang District, Shanghai, 201199, China.

15
16 **Abstract:**

17 **Background:**

18 Osteosarcoma (OS) is a highly malignant bone tumor with limited treatment options.
19 The role of Apolipoprotein E (*APOE*) in OS remains unclear. This study explores the
20 impact of *APOE* overexpression on OS, particularly its effects on ferroptosis and
21 autophagy.

22 **Methods:**

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26 cell behavior. The role of autophagy was investigated using the autophagy inhibitor 3-
27 methyladenine (3-MA). The involvement of ferroptosis and the mTOR/Stat3 signaling
28 pathway was investigated utilizing Quantitative real-time reverse transcription PCR
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33 and epithelial-mesenchymal transition (EMT), with 3-MA partially reversing these
34 effects. *APOE* overexpression also inhibited the mTOR and Stat3 expression,
35 enhancing autophagy, as shown by increased LC3B-1, LC3B-2, and Beclin1 expression.
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37 reactive oxygen species (ROS) and intracellular Fe²⁺ levels, and altered ferroptosis-
38 related gene expression, including upregulation of *TfR1* and downregulation of *FPN*,
39 *GPX4*, and *SLC7A11*. *In vivo*, *APOE* overexpression in a mouse xenograft model
40 resulted in significantly smaller tumors, with changes in autophagy and ferroptosis
41 markers consistent with *in vitro* findings.

42 **Conclusion:**

43 *APOE* overexpression suppresses osteosarcoma growth by promoting ferroptosis and
44 autophagy through the mTOR/Stat3 signaling pathway, highlighting its promise as a
45 target for OS therapeutic intervention.

46
47 **Keywords:** Osteosarcoma, *APOE*, Ferroptosis, mTOR/Stat3 signaling pathway,
48 Autophagy

49 **Running title:** *APOE* inhibits OS via ferroptosis and mTOR/Stat3

50
51 **Introduction**

52 Osteosarcoma (OS) is a primary malignant bone cancer is a primary malignant bone
53 tumor defined by tumor cells directly forming osteoid tissue, with an incidence of
54 approximately 3.4 cases per million individuals annually(1). Predominantly affecting
55 young people, teenagers, and youngsters between the ages of 10 and 25, OS exhibits a
56 higher incidence in males than in females(2). Clinically, the hallmark symptom of OS
57 is persistent local pain, often intensifying at night, and potentially accompanied by a
58 palpable mass and restricted joint movement(3). A malignant osteoid matrix among
59 tumor cells is pathognomonic, facilitating diagnosis. Despite the use of various
60 treatment modalities, including surgery and neoadjuvant chemotherapy, the outcomes

61 remain unsatisfactory, with significant adverse effects(4). To develop more effective
62 therapeutic strategies for osteosarcoma, it is essential to uncover the molecular
63 pathways driving its progression. Among them, autophagy, a biological process
64 wherein damaged organelles and proteins are broken down and recycled, is now known
65 to have a significant role in the development of tumors(5). For instance, a study has
66 demonstrated that apatinib can prevent OS growth by causing OS cells to undergo
67 autophagy(6). Another study highlighted that autophagy modulation could increase OS
68 cell sensitivity to chemotherapeutic agents, thereby improving treatment outcomes(7).
69 These findings emphasize the complex function of autophagy in OS and imply that
70 targeting this pathway could offer promising therapeutic strategies for this challenging
71 malignancy.

72
73 The intricate regulation of tumor development and treatment response in cancer is
74 governed by several key signaling pathways, with the mTOR and Stat3 pathways being
75 particularly critical in OS(8). The mTOR pathway, a key modulator of metabolism and
76 cell development, frequently acts to promote tumor growth by inhibiting cellular
77 processes that would otherwise suppress malignancy, such as autophagy(9). In OS,
78 mTOR activation has been associated with enhanced tumor cell proliferation and
79 survival, as exemplified by studies showing that *LHX2* promotes OS cell proliferation
80 and metastasis through mTOR pathway activation(10). Conversely, Stat3 is a
81 transcription factor that governs various gene expressions implicated in cell
82 proliferation, survival, and immune responses(11). Stat3 plays a large part in OS
83 progression, and studies have shown that its activation can inhibit processes that would
84 otherwise limit tumor growth, such as autophagy, thereby increasing OS cell survival
85 and resistance to chemotherapy(12). Moreover, the interplay between the mTOR and
86 Stat3 pathways has been identified as a critical axis in OS, where simultaneous targeting
87 of these pathways could induce tumor cell death through the reactivation of suppressed
88 cellular processes(13). These insights suggest that therapeutic strategies aimed at
89 modulating the mTOR/Stat3 signaling axis hold promise for the treatment of this
90 aggressive malignancy.

91

92 Ferroptosis, an iron-dependent form of regulated cell death driven by lipid peroxidation,
93 is tightly regulated by cellular redox homeostasis and autophagy. Due to its unique
94 mechanism of cell death compared to other types of cells, it has attracted widespread
95 attention in cancer research(14). Key features of ferroptosis include damage to the cell
96 membrane, mitochondrial shrinkage, and inactivation of glutathione peroxidase 4
97 (GPX4), causing oxidative damage and the build-up of fatal reactive oxygen species
98 (ROS)(15). Recent studies highlight that autophagy contributes to ferroptosis through
99 selective degradation of iron storage proteins (e.g., ferritin) and lipid droplets, thereby
100 increasing intracellular free iron and peroxidized lipids(16). In the context of OS,
101 ferroptosis is emerging as a possible target for therapy. For example, Bavachin has been
102 shown to increase Fe^{2+} levels and ROS accumulation, reduce glutathione, and induce
103 ferroptosis in OS cells(17). Apolipoprotein E (*APOE*) is primarily known for its role in
104 lipid metabolism. It is currently widely studied in neurodegenerative and cardiovascular
105 diseases such as Alzheimer's disease and atherosclerosis(18-20). Recently, it has been
106 linked to ferroptosis, revealing its broader significance in cancer biology(21). Previous
107 studies have indicated that the overexpression of *APOE* in gastric cancer is connected
108 to increased malignant invasiveness enhanced invasion and lymph node metastasis(22).
109 Additionally, *APOE* appears to regulate intracellular antioxidant defenses, suggesting
110 its potential role in modulating sensitivity to ferroptosis(23). Nevertheless, the function
111 of *APOE* in OS is still mostly unexplored. Given the limited research on *APOE* in OS,
112 this study seeks to investigate *APOE* as a central gene in OS, particularly with
113 ferroptosis, to uncover its potential as a therapeutic target.

114

115 This investigation aims to assess the function of *APOE* in the progression of OS, with
116 a particular emphasis on its regulatory impact on ferroptosis, autophagy, and iron
117 metabolism. In particular, the effects of *APOE* overexpression on key cellular processes,
118 including migration, proliferation, invasion, and epithelial-mesenchymal transition
119 (EMT), were investigated in OS cells. Furthermore, the interactions between *APOE* and
120 the mTOR/Stat3 signaling pathway were investigated and evaluated for their effects on

121 autophagy and ferroptosis in OS. Using *in vitro* cell models and *in vivo* mouse
122 xenografts, this research aims to elucidate the molecular processes by which *APOE*
123 regulates OS progression and evaluate its capacity as a target for therapy.

124

125 **Material and methods**

126 **Weighted gene co-expression network analysis (WGCNA) for identification of the** 127 **key gene module in OS**

128 The GSE28424 dataset, obtained from the Gene Expression Omnibus (GEO;
129 <https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE28424>), was utilized in this
130 study, which includes 19 osteosarcoma (OS) samples and 4 normal bone samples as
131 controls. All genes in the GSE28424 dataset were comprehensively analyzed using the
132 WGCNA method. The gene co-expression network was created by the Bioinfo
133 Intelligent Cloud website (<https://www.bic.ac.cn/BIC/#/>). To ensure a scale-free
134 topological structure, the optimal soft threshold power was precisely adjusted to $\beta = 16$.
135 After the network was constructed, the weighted adjacency matrix was converted into
136 a topological overlap matrix (TOM) as a robust measure of network connectivity.
137 Hierarchical clustering of the TOM was performed to obtain a dendrogram. In this
138 structure, each branch (represented by different colors) represents a different gene
139 module. The weighted correlation coefficient was used to merge gene fragments with
140 similar expression paths into the relevant modules. Finally, we assessed the correlation
141 between these gene modules and the clinical characteristics of OS to identify the
142 primary section modules potentially associated with OS progression and prognosis.

143

144 **Screening of differentially expressed genes (DEGs) and performing intersection** 145 **analysis**

146 DEGs were identified from the GSE28424 dataset utilizing the limma package in R
147 (version 4.0). Gene expression fold changes (FC) greater than 2 were classified as up-
148 regulated genes, while those with FC less than 0.5 were considered down-regulated
149 genes. The criterion for statistical significance was established at $p < 0.05$. The R
150 ggplot2 package (<https://cran.r-project.org/package=ggplot2>) was employed to

151 visualize the DEGs. Subsequently, the Bioinformatics and Evolutionary Genomics
152 website (<http://bioinformatics.psb.ugent.be/webtools/Venn/>) was used to conduct an
153 intersection analysis between the key module genes identified from the WGCNA and
154 all DEGs from the GSE28424 dataset, allowing for the identification of intersecting
155 genes.

157 **Protein-protein interaction (PPI) network construction and hub gene** 158 **identification**

159 The PPI network analysis of the intersection genes was performed by the Search Tool
160 for the Retrieval of Interacting Genes (STRING: <https://string-db.org/>) website. The
161 Cytohubba plugin (version 3.8.2) in Cytoscape was used to identify three key network
162 modules using the Maximum Neighborhood Component (MNC), Maximum Clique
163 Centrality (MCC), and Degree algorithms, and the top ten genes of the three algorithms
164 were analyzed. Then, the genes in the three network modules were again subjected to
165 intersection analysis using the Bioinformatics and Evolutionary Genomics website to
166 obtain the key intersection genes. Then, the expression of these important crossover
167 genes in normal and tumors was analyzed in the SangerBox database
168 (<http://sangerbox.com/>), and the outcomes showed statistical significance when $p < 0.05$.

170 **Cell culture**

171 Cyagen Biosciences (Guangzhou, China) provided the human OS cell lines 143B, MG-
172 63, SW1353, U2OS, SaOS-2, and the equivalent normal osteoblastic cell line HOB.
173 The aforementioned cell lines were grown at 37°C in a humidified incubator with 5%
174 CO₂ in Dulbecco's modified Eagle's medium (DMEM; Sangon, Shanghai, China),
175 supplemented with 10% fetal bovine serum (FBS; Sangon, Shanghai, China) and
176 100U/mL penicillin/streptomycin solution (Sangon, Shanghai, China).

178 **Cell transfection**

179 At a density of 5×10^5 cells per well, cells were seeded onto 6-well plates and cultured
180 for 24 hours. Upon reaching 70-80% confluence, cells were transfected with APOE

181 overexpression vectors applying Lipofectamine™ 2000 (10 µL per well; Invitrogen,
182 Shanghai, China) by the manufacturer's protocol. The negative control was an empty
183 vector. The transfection mixtures were incubated for 20 minutes at room temperature
184 and then incorporated into the culture dishes containing 143B and U2OS cells in serum-
185 free medium. After 48 hours of incubation, transfected cells received treatment with 10
186 µM 3-methyladenine (3-MA; Topscience, Shanghai, China), an autophagy inhibitor, for
187 24 hours at 37°C. Cells were subsequently harvested for further experiments.

188

189 **Quantitative real-time reverse transcription PCR (qRT-PCR)**

190 Trizol reagent (Tiangen, Beijing, China) was applied to extract total RNA from cells
191 and tissues under the manufacturer's instructions. Agilent 2100 Bioanalyzer (Agilent,
192 Shanghai, China) served to evaluate the quality of the RNA. Complementary DNA
193 (cDNA) was synthesized from the isolated RNA using the PrimeScrip™ RT reagent
194 kit (Takara, Shanghai, China) according to the manufacturer's instructions. Quantitative
195 RT-PCR was conducted using Bio-Rad instruments (Bio-Rad, Shanghai, China) with
196 SYBR Green reagent (TaKaRa, Dalian, China) in duplicate reactions. All qRT - PCR
197 results were analyzed using $2^{-\Delta\Delta C_t}$ values and normalized to glyceraldehyde-3-
198 phosphate dehydrogenase (GAPDH), which served as the internal control. Primer
199 sequences for amplification are shown in Tables 1 and 2.

200

201 **Western blot (WB) assay**

202 Total protein was extracted from cells and tissues utilizing RIPA buffer (Beyotime,
203 Shanghai, China). The Protein Concentration Kits (Beyotime, Shanghai, China) were
204 applied to calculate the protein concentration. Following a 5-minute boil at 98°C, the
205 samples' total proteins were separated using 10% sodium dodecyl sulfate-
206 polyacrylamide gel electrophoresis (SDS-PAGE) and moved to membranes made of
207 PVDF (Beyotime, Shanghai, China). The primary antibodies were then incubated on
208 the membranes for a whole night at 4°C after they had been blocked for one hour at
209 room temperature with 5% nonfat milk. The next day, secondary antibodies (Sanying,
210 Wuhan, China) coupled with horseradish peroxidase (HRP) were incubated on the

211 membranes for one hour at room temperature. Protein bands were detected utilizing
212 enhanced chemiluminescence (ECL) reagents (Beyotime, Shanghai, China) and
213 visualized with the Image J software. The following primary antibodies were employed
214 in this investigation: APOE (1:1000), N-cadherin (1:2000), E-cadherin (1:20000),
215 Vimentin (1:2000), p-mTOR (1:2000), mTOR (1:5000), p-Stat3 (1:1000), Stat3
216 (1:2000), Beclin1 (1:1000), LC3B-1 (1:1000), LC3B-2 (1:1000), p62 (1:5000), TfR1
217 (1:1000), FPN (1:2000), GPX4 (1:1000), SLC7A11 (1:1000), and GAPDH (1:5000).
218 All antibodies were sourced from Sanying (Wuhan, China).

219 220 **Cell Counting Kit-8 (CCK-8) assay**

221 Cell proliferation was measured via the CCK-8 kit (Yeasen, Shanghai, China). After
222 being equally plated at a density of 1×10^3 cells per well in a 96-well plate, the cells
223 were grown for 1, 2, 3, 4, and 5 days. After that, 10 μ L of CCK-8 reagent was added to
224 each well. The optical density (OD) of each well at 450 nm was measured by a
225 microplate reader (Bio-Rad, Shanghai, China) to investigate the viability of the cells.

226 227 **Transwell assay**

228 Transwell assays were conducted to assess the capacity of OS 143B and U2OS cells to
229 invade and migrate. For the invasion assay, the upper chambers of Transwell plates
230 (Corning, Shanghai, China) were pre-coated with 40 μ L of Matrigel (BD Biosciences,
231 Shanghai, China) and solidified for 30 min at 37°C. Each Transwell chamber had an
232 upper chamber holding around 5×10^4 cells suspended in 200 μ L of DMEM media
233 without FBS, and a bottom chamber holding 600 μ L of DMEM containing 10% FBS.
234 After incubation for 24 h at 37 °C, cells were dyed with DAPI (Beyotime, Shanghai,
235 China) at for 15 min 37 °C and counted under an optical microscope (Nikon, Shanghai,
236 China). For the migration assay, cells were seeded into Matrigel-uncoated upper
237 chambers. The residual procedures were identical to those used in the invasion tests.

238 239 **Flow cytometry**

240 For apoptosis analyses, the cells were recognized by flow cytometry utilizing the

241 Annexin V-PE/FITC apoptosis detection kit (Beyotime, Shanghai, China). The
242 transfected 143B and U2OS cells were detached using trypsin-EDTA (Absin, Shanghai,
243 China). The cells were cleaned with phosphate-buffered saline (PBS) following
244 treatment. After that, the cells were again suspended in 1× binding buffer that the
245 Annexin V-FITC apoptosis detection kit had supplied. Each 100 μL cell suspension in
246 binding buffer received 5 μL of Propidium Iodide (PI) and 5 μL of Annexin V-FITC.
247 After giving the cells a gentle vortex, they were incubated for 30 minutes in the dark at
248 room temperature. After staining, each sample received 400 μL of 1× binding buffer,
249 for a total volume of 500 μL. A BD FACSCalibur flow cytometer (BD Biosciences, NJ,
250 USA) was applied to collect the data. For every sample, at least 10,000 occurrences
251 were recorded. With the use of FlowJo software (FlowJo LLC, Oregon, USA), flow
252 cytometry data were examined.

253

254 **Detection of ROS level**

255 With a ROS test kit (Jiancheng, Nanjing, China), intracellular ROS levels were
256 measured. 143B and U2OS cells that had been transfected were treated for 30 minutes
257 at 37 °C in the dark with the DCFH-DA fluorescent probe (Beyotime, Shanghai, China).
258 To get rid of extra dye, the cells were thrice rinsed with PBS after incubation. An
259 excitation wavelength of 488 nm and an emission wavelength of 525 nm was employed
260 to measure the fluorescence intensity, which is a good indicator of ROS levels, using a
261 microplate reader (Bio-Rad, Shanghai, China).

262

263 **Detection of superoxide dismutase (SOD)**

264 The SOD level was determined via a SOD assay kit (Beyotime, Shanghai, China). The
265 lysis buffer included in the kit was used to lyse OS cells. To extract supernatant and
266 eliminate cell debris, cell lysates were centrifuged at 10,000 x g for 4°C. An assay kit
267 for BCA protein (Beyotime, Shanghai, China) was employed to measure the protein
268 content. With SOD assay buffer, protein samples were diluted. In accordance with the
269 manufacturer's proposals, SOD levels were assessed by a SOD test kit. By utilizing a
270 microplate reader (Bio-Rad, Shanghai, China), absorbance was determined at 450 nm.

271

272 **Measurement of glutathione (GSH)**

273 A GSH assay kit (Jiancheng, Nanjing, China) was performed to quantify the GSH levels.
274 The transfected 143B and U2OS cells were washed with cold PBS, and lysed in a GSH
275 assay buffer provided by the GSH assay kit. After removing any debris from the cell
276 lysates with a 10-minute, 10,000-x-g centrifugation at 4°C, the supernatants were
277 separated and saved for further examination. The GSH levels were detected by
278 following the manufacturer's protocol, which involves a two-step enzymatic reaction
279 that converts GSH into a measurable form. A microplate reader (Bio-Rad, Shanghai,
280 China) was utilized to quantify the absorbance at 405 nm.

281

282 **Measurement of malondialdehyde (MDA)**

283 The test kit for lipid peroxidation MDA (Jiancheng, Nanjing, China) was carried out to
284 assess the MDA levels. Transfected 143B and U2OS cells were rinsed with ice-cold
285 PBS, lysed using RIPA lysis buffer (Beyotime, Shanghai, China), and subjected to
286 centrifugation at 10,000 x g for 10 minutes at 4 °C. To measure the amount of MDA
287 and the concentration of protein, the supernatant was collected. The sample was then
288 heated for 15 minutes in a mixture of 0.1 mL and 0.2 mL MDA solution. Utilizing a
289 microplate reader (Bio-Rad, Shanghai, China), the absorbance at 532 nm was
290 determined once the sample had cooled to room temperature.

291

292 **Iron assay**

293 The levels of Fe²⁺ and total iron were measured via an iron assay kit (Abcam, Shanghai,
294 China). Cells were homogenized on ice in an iron assay buffer, and the supernatants
295 were collected. To measure Fe²⁺ and total iron levels, samples were treated with iron
296 buffer and an iron-reducing agent. The iron probe was added to each sample, and the
297 mixtures were cultivated for 60 minutes at room temperature. The microplate reader
298 (Bio-Rad, Shanghai, China) was utilized to measure the absorbance at 593 nm.

299

300 **Mouse xenograft experiments**

301 All animal experiments were conducted strictly in compliance with the policies and
302 procedures authorized by the Ethics Committee of Zhongshan Hospital Minhang
303 Branch, Fudan University (approval number: 2024-MHY-534). Shulaobao Biotech
304 (Wuhan, China) supplied male nude mice that were 4-5 weeks old. They were kept in
305 standard laboratory conditions with unrestricted access to water and food. Two groups
306 were arbitrarily selected for the mice (n=6 per group): the Vector group, injected
307 subcutaneously with 5×10^6 143B cells carrying a control vector, and the over-*APOE*
308 group, injected with 5×10^6 143B cells overexpressing *APOE*. Injections were given
309 on the right side of every mouse. Every week, the size and length of the tumors were
310 measured utilizing calipers to track their growth. Tumor volume was computed with
311 the following formula: Volume = (length \times width²)/2. The mice were put to death with
312 2% pentobarbital sodium (150 mg/kg) administered intraperitoneally after four weeks,
313 following ethical guidelines. Tumors were excised, weighed, and captured on camera.
314 After being removed, the tumors were quickly frozen in liquid nitrogen and kept for
315 further examination at -80°C. All procedures were conducted in compliance with the
316 principles of the 3Rs (Replacement, Reduction, and Refinement) to ensure ethical
317 experimentation.

318

319 **Statistical analysis**

320 The R programming language is utilized for statistical evaluation. Every experiment
321 was conducted three separate times on its own. The Data are expressed as mean \pm SD.
322 The Student's t-test with two tails was employed to compare the two groups. For
323 comparisons among several groupings, one-way analysis of variance (ANOVA)
324 followed by Tukey's post-hoc test was employed. At $p < 0.05$, statistical significance
325 was established.

326

327 **Results**

328 **Identification of gene co-expression networks and modules**

329 For a scale-free topological model fit, 16 was shown to be the ideal soft threshold power
330 (Figure 1A). The dendrogram of the GSE28424 samples showed no outliers (Figure

331 1B). Based on their patterns of co-expression across samples, genes were categorized
332 into several modules, and every module was assigned a different color (Figure 1C). To
333 unravel the connections among these identified modules, the characteristic gene
334 adjacencies were carefully examined (Figure 1D). Among the different modules, the
335 purple module and the samples have a correlation value of 0.817, indicating a
336 significant relationship (Figure 1E). This significant correlation emphasizes the
337 potential biological relevance of the genes within the cyan module to the GSE28424
338 dataset.

339 340 **Identification of key genes in OS through PPI network analysis and determination** 341 **of the hub gene**

342 Differential expression analysis was performed on the GSE28424 dataset, resulting in
343 the identification of 498 up-regulated and 869 down-regulated genes (Figure 2A). T
344 From the purple module and DEGs in GSE28424, 56 intersection genes were identified
345 (Figure 2B). These intersection genes were analyzed by PPI network construction, and
346 the top 10 genes based on MCC, MNC, and Degree algorithms were visualized using
347 Cytoscape. In the MCC, MNC, and Degree networks, there are ten nodes and twenty
348 edges each (Figures 2C, 2D, and 2E). After that, the top 10 genes of the three algorithms
349 were analyzed again, and nine key intersection genes were obtained (Figure 2F). The
350 expression levels of these nine genes (*APOE*, *CEBPA*, *DCN*, *FOXO1*, *GPX3*, *HMOX1*,
351 *KLF2*, *MGP*, and *SPPI*) were examined in the GSE28424 dataset, and it was found that
352 all gene tumor case groups showed lower expression levels (Figure 2G). Given the
353 crucial role of *APOE* in lipid metabolism and its relatively limited exploration in the
354 context of OS, *APOE* was chosen as the focus of this study.

355 356 **Overexpression of *APOE* inhibits proliferation, migration, and invasion of OS cells**

357 *APOE* mRNA and protein expression levels were evaluated across various
358 osteosarcoma cell lines (143B, MG-63, SW1353, U2OS SaOS-2,) and compared to
359 normal osteoblastic cells (HOB). In comparison to HOB cells, OS cell lines have greatly
360 reduced *APOE* mRNA and protein levels, as shown in Figures 3A, 3B, and 3C. After

361 transfecting U2OS and 143B cells with an APOE overexpression vector, a notable
362 increase in APOE expression was detected at the levels of both mRNA and protein
363 (Figures 3D, 3E, and 3F). Afterward, CCK-8 was employed to recognize the
364 proliferation of OS cells after *APOE* overexpression. The findings demonstrated that in
365 contrast to the control group, *APOE* overexpression significantly inhibited OS cell
366 proliferation (Figures 3G, 3H). Transwell assay was utilized to identify the effect of
367 *APOE* on OS cell invasion and migration. By drastically reducing the quantity of OS
368 cells stained with DAPI in comparison to the control group, APOE overexpression was
369 found to considerably impede the ability of OS cells to invade and migrate (Figures 3I,
370 3J).

371 372 ***APOE* overexpression inhibits OS cell invasion and migration, with effects 373 reversed by autophagy inhibition**

374 Transfected 143B and U2OS cells were subjected to a 24-hour autophagy inhibitor (3-
375 MA) treatment and then subjected to a Transwell assay. The findings demonstrated that
376 in contrast to the Vector Group, *APOE* overexpression inhibited the invasion and
377 migration of OS cells, while 3-MA treatment enhanced the migration and invasion of
378 OS cells. *APOE* overexpression combined with 3-MA treatment can weaken the
379 inhibitory impact of overexpression of *APOE* on the metastatic ability of OS cells
380 (Figure 4A, 4B). Next, qRT-PCR was employed to detect EMT-related markers (*N-*
381 *cadherin*, *E-cadherin*, and *Vimentin*) expression in OS cells after overexpression of
382 *APOE* and combined with 3-MA treatment (Figures 4C, 4D). As contrasted to the
383 Vector group, the results indicated that the levels of *Vimentin* and *N-cadherin* in cells
384 overexpressing *APOE* were significantly reduced, as well as the level of *E-cadherin*
385 was markedly elevated. The reverse was observed when EMT-related markers were
386 detected in cells treated with 3-MA. The metastatic potential of OS cells overexpressing
387 APOE to spread might be considerably inhibited by 3-MA treatment. Consistent results
388 were also detected at the protein level (Figures 4E, 4F, 4G, and 4H). These outcomes
389 suggest that *APOE* overexpression inhibits OS cell invasion and migration by
390 regulating EMT, and this effect can be reversed by inhibiting autophagy.

391

392 **Overexpression of *APOE* stimulates autophagy via the mTOR/Stat3 signaling**
393 **pathway in OS cells**

394 To investigate the impact of *APOE* overexpression on autophagy in osteosarcoma cells,
395 we examined the expression of key proteins engaged in the mTOR and Stat3 signaling
396 pathways, as well as several autophagy-related markers. WB analysis showed that
397 overexpression of APOE significantly decreased the levels of p-mTOR in both 143B
398 and U2OS cells, while total mTOR levels remained unchanged (Figures 5A, 5B, 4C).
399 Similarly, p-Stat3 levels were reduced in APOE-overexpressing cells without affecting
400 total Stat3 expression (Figures 5D, 5E, 5F). These results indicate that APOE
401 overexpression inhibits the mTOR and Stat3 pathways, both of which are known to
402 negatively regulate autophagy. Further analysis of autophagy markers revealed that
403 *APOE* overexpression resulted in a notable increase in LC3B-1, LC3B-2, and Beclin1
404 mRNA and protein levels, while levels of p62, a marker of autophagy flux, were
405 decreased in both 143B and U2OS cells (Figures 5G, 5H, 5I, 5J, and 5K). These results
406 indicate an enhanced autophagic activity in *APOE*-overexpressing cells.

407

408 ***APOE* overexpression induces apoptosis and disrupts iron homeostasis in OS cells**

409 To determine the impacts of *APOE* overexpression on apoptosis in osteosarcoma cells,
410 flow cytometry was done after Annexin V/PI double staining. The findings
411 demonstrated that, in comparison to the vector control group, the proportion of
412 apoptotic cells increased significantly in both 143B and U2OS cells overexpressing
413 APOE (Figures 6A, 6B). These findings suggest that *APOE* overexpression promotes
414 apoptosis in osteosarcoma cells. Additionally, we evaluated the impact of *APOE*
415 overexpression on oxidative stress markers. *APOE* overexpression led to a significant
416 increase in ROS levels (Figure 6C), and a concurrent increase in intracellular Fe²⁺ levels
417 (Figure 6D), both of which are indicators of enhanced oxidative stress. Conversely, the
418 activities of key antioxidant enzymes were significantly decreased in *APOE*-
419 overexpressing cells compared to controls (Figures 6E, 6G). Furthermore, MDA levels,
420 a marker of lipid peroxidation, were significantly elevated in the *APOE*-overexpressing

421 cells (Figure 6F). These findings suggest that *APOE* overexpression not only induces
422 apoptosis in osteosarcoma cells but also disrupts iron homeostasis, contributing to
423 increased oxidative stress and compromised antioxidant defenses, which may further
424 potentiate cell death mechanisms.

425 426 **Overexpression of *APOE* alters iron metabolism in OS cells**

427 Given the tight relationship between iron metabolism and the onset, progression, and
428 metastasis of malignancies, iron metabolism regulatory targets were detected in U2OS
429 and 143B cells. First, the total iron content in U2OS and 143B cells after overexpression
430 of *APOE* was determined using a total iron ion kit. When contrasting with the Vector
431 Group, the total iron content was greatly elevated after overexpression of *APOE* (Figure
432 7A). Subsequently, qRT-PCR was utilized to determine the levels of *TfR1*, *FPN*, *GPX4*,
433 and *SLC7A11* expression in OS cells after overexpression of *APOE*. In contrast to the
434 control cohort, the level of *TfR1* was markedly increased after overexpression of *APOE*,
435 while the levels of other factors were substantially reduced (Figures 7B, 7C). This was
436 further confirmed at the protein level (Figures 7D, 7E, and 7F). These results indicate
437 that overexpression of *APOE* disrupts iron homeostasis and may promote ferroptosis
438 by changing the expression of iron-regulating markers in OS cells.

439 440 ***APOE* overexpression reduces tumor growth and modulates ferroptosis-related 441 markers**

442 A mouse xenograft model was established using 143B cells to assess the impact of
443 *APOE* overexpression *in vivo* tumor growth. Mice injected with *APOE*-overexpressing
444 143B cells had greatly reduced tumors in comparison to mice given vector control cell
445 injections (Figure 8A, 8B). Further analysis of tumor tissues revealed notable
446 alterations in the expression of key genes involved in ferroptosis and autophagy.
447 Specifically, mRNA levels of *LC3B-1*, *LC3B-2*, and *TfR1* were upregulated in tumors
448 from the *APOE*-overexpressing group, while *GPX4*, *SLC7A11*, and *FPN* were
449 downregulated (Figure 8C). These changes were confirmed at the protein level, with
450 *LC3B-1*, *LC3B-2*, and *TfR1* consistently upregulated, and *GPX4*, *SLC7A11*, and *FPN*

451 downregulated (Figure 8D, 8E). These findings suggest that *APOE* overexpression not
452 only inhibits tumor growth *in vivo* but also promotes autophagy and disrupts iron
453 homeostasis, potentially enhancing ferroptosis of osteosarcoma cells in the tumor
454 microenvironment. Supplementary Figure 1 summarizes the molecular mechanisms
455 through which *APOE* overexpression influenced osteosarcoma progression. The figure
456 illustrates how *APOE* activated the mTOR/Stat3 signaling pathway, thereby promoting
457 autophagy while disrupting iron homeostasis and inducing ferroptosis. Collectively,
458 these processes inhibited cell proliferation, invasion, migration, and tumor growth, as
459 observed in both *in vivo* and *in vitro* models.

460

461 **Discussion**

462 OS is a particularly aggressive bone malignancy that predominantly affects adolescents
463 and children(24). Genetic studies have identified several key genes implicated in OS
464 pathogenesis. For instance, mutations in *TP53* are frequently observed in OS and are
465 linked to genomic instability(25). *MYC* overexpression is associated with poor
466 prognosis, while *SPPI* levels are significantly elevated in OS(26, 27). Additionally,
467 *KLF2* has been shown to prevent the growth and invasion of OS cells, and the curcumin
468 analogue EF24 upregulates *HMOXI* expression, promoting ferroptosis in OS cells(28,
469 29). *APOE* is primarily known for its role in lipid metabolism and has been widely
470 studied in various cancers. In ovarian cancer, *APOE* is linked to the survival and
471 development of cancer cells; in gastric cancer, its overexpression is linked to increased
472 invasiveness; in breast cancer, it affects tumor cell proliferation and migration; and in
473 prostate cancer, it is involved in apoptosis resistance(30-32). However, the role of
474 *APOE* in OS remains understudied. Given its critical role in other malignancies,
475 understanding the function of *APOE* in OS could offer novel viewpoints on the
476 pathogenesis of this disease. This research used bioinformatics analysis to reveal that
477 *APOE* is significantly downregulated in OS. Functional experiments showed that
478 *APOE* overexpression inhibited OS cell growth while promoting cell apoptosis. These
479 findings implied that *APOE* may be essential to the development of OS and serve as a
480 potential therapeutic target for this aggressive tumor.

481

482 Autophagy, a critical lysosomal degradation process essential for cellular homeostasis,
483 maintains homeostasis by recycling damaged or unnecessary cellular components(33).
484 It exhibits a dual role in overall survival (OS) by either inhibiting tumor progression or
485 enabling cancer cells to survive under stressful conditions. Our study demonstrates that
486 *APOE* overexpression exerts potent anti-tumor effects in OS by suppressing the
487 mTOR/Stat3 signaling axis, a central regulator of cellular metabolism and survival.
488 Mechanistically, *APOE* overexpression significantly reduced phosphorylation of
489 mTOR and Stat3, thereby alleviating their repression of autophagy and triggering
490 enhanced autophagic flux, as evidenced by elevated LC3B-II/LC3B-I ratios,
491 upregulated Beclin1, and diminished p62 accumulation. Key autophagy markers also
492 play crucial roles in tumor dynamics. For instance, luteolin has been shown to increase
493 Beclin1 expression in OS cells to promote autophagy and augment doxorubicin-
494 induced autophagy(34). Additionally, p62 overexpression is linked to aggressive
495 characteristics and a poor prognosis in OS, as its accumulation inhibits autophagy(35).
496 Concurrently, mTOR/Stat3 inhibition disrupted iron homeostasis, downregulating
497 ferroptosis suppressors (GPX4, SLC7A11) while upregulating TfR1, which
498 collectively drove iron overload, lipid peroxidation, and ferroptotic cell death. This dual
499 mechanism—autophagy activation coupled with ferroptosis induction—highlights
500 *APOE*'s unique role in rewiring OS cell fate. In cancer cells, autophagy plays a complex
501 and multifaceted role, making it a challenging but promising therapeutic target. In OS,
502 autophagy has been implicated in various aspects of tumor biology. For example,
503 autophagy can reduce the effectiveness of chemotherapeutic agents such as cisplatin,
504 doxorubicin, and methotrexate in OS cells(36). Conversely, miR-101 has been shown
505 to downregulate autophagy, thereby inhibiting OS cell proliferation and metastasis(37).
506 These findings suggest that targeting autophagy could be an effective strategy to
507 overcome chemotherapy resistance and reduce metastasis in OS.

508

509 The regulation of autophagy is intricately linked to several signaling pathways, with
510 mTOR and Stat3 being central regulators. Our study demonstrated that *APOE*

511 overexpression in OS cells not only altered iron metabolism and induced ferroptosis
512 but also activated the mTOR/Stat3 signaling pathway. mTOR acts as a crucial
513 autophagy-negative regulator, and its inhibition is associated with the induction of
514 autophagy and subsequent cancer cell death. For instance, rapamycin inhibits tumor
515 growth by promoting autophagy through mTOR pathway inhibition(38). Stat3, a
516 downstream effector of mTOR, mediates the expression level of multiple genes
517 implicated in the development of cancer. In OS, *BLACAT1* upregulation has been shown
518 to regulate Stat3 phosphorylation, thereby enhancing OS progression(39). Our findings
519 reveal that APOE overexpression promotes autophagy in OS cells by the mTOR/Stat3
520 pathway, underscoring the potential therapeutic benefit of targeting APOE alongside
521 autophagy inhibition in OS treatment. *In vivo*, APOE overexpression significantly
522 slowed tumor growth, with molecular analyses suggesting that mTOR/Stat3 activation
523 by APOE contributes to OS suppression by enhancing autophagy and ferroptosis. The
524 mTOR/Stat3 signaling pathway is also closely associated with ferroptosis. Abnormal
525 activation of this pathway has been linked to tumorigenesis and resistance to therapy in
526 various cancers. For example, *CDI51* knockdown in OS reduces mTOR
527 phosphorylation, inhibiting tumor progression, while natural compounds like alternol
528 suppress OS cell proliferation by modulating Stat3, causing cell cycle arrest and
529 apoptosis(40, 41). Additionally, Stat3 is involved in oxidative responses, influencing
530 ferroptosis regulation. Inhibiting Stat3 has been shown to block ferroptosis in
531 pancreatic ductal adenocarcinoma and induce it in breast cancer(42). These findings
532 suggest that targeting the mTOR/Stat3 signaling pathway in combination with APOE
533 modulation could offer a novel therapeutic strategy for managing OS.

534
535 Ferroptosis, a kind of non-apoptotic cell death that is dependent on iron, is described
536 by iron overload and lipid hydroperoxide accumulation, making it closely regulated by
537 iron metabolism(43). Iron metabolism and ferroptosis have been shown to be important
538 components of cancer biology in growing body of research. For instance, FANCD2
539 silencing has been shown to inhibit OS growth by regulating the JAK2/Stat3 axis and
540 inducing ferroptosis(44). PEITC induces ferroptosis in OS cells through activation of

541 the ROS-related MAPK signaling pathway, and baicalin inhibits the development of
542 OS cells both in vitro and in vivo by promoting ferroptosis(45, 46). Building on these
543 discoveries, our research investigated the function of APOE in ferroptosis regulation in
544 OS cells. We demonstrated that APOE overexpression significantly altered iron
545 metabolism, leading to increased levels of ROS and Fe²⁺, along with decreased SOD
546 and GSH activities, which are indicative of oxidative stress and lipid peroxidation.
547 These changes resulted in the downregulation of key ferroptosis regulatory genes such
548 as GPX4 and SLC7A11, while TfR1 was upregulated, collectively driving ferroptosis
549 in OS cells. In vivo experiments further confirmed that APOE overexpression led to
550 reduced tumor growth, with molecular analyses revealing corresponding changes in
551 autophagy and ferroptosis markers. These results highlight the therapeutic potential of
552 targeting APOE and iron metabolism pathways in treating osteosarcoma. This contrasts
553 with studies in other contexts, such as neurodegenerative diseases, where *APOE* is
554 reported to inhibit ferroptosis(47). The opposing effects likely stem from tissue-specific
555 lipid metabolism, signaling pathway crosstalk, and experimental model variations. In
556 OS, overexpression of *APOE* inhibits the mTOR/Stat3 pathway, making cells sensitive
557 to ferroptosis, while in other contexts, the anti-ferroptotic effect of *APOE* may involve
558 activation of the PI3K/AKT pathway to inhibit ferritin phagocytosis(47). Finally, our
559 study employed exogenous *APOE* overexpression, which may disrupt physiological
560 lipid trafficking and create an artificial pro-oxidant state, contrasting with studies of
561 endogenous *APOE* in neurons or hepatocytes that reflect its role in maintaining lipid
562 homeostasis under basal conditions.

563
564 While our findings demonstrate that *APOE* overexpression suppresses osteosarcoma
565 progression by modulating autophagy and ferroptosis, it is important to contextualize
566 these results within the broader biological roles of APOE. Notably, *APOE* is a
567 multifunctional protein with well-documented roles in lipid metabolism. Previous
568 studies have shown that *APOE* overexpression in hepatic or systemic contexts can
569 induce hypertriglyceridemia (HTG) by impairing triglyceride clearance, which is linked
570 to metabolic disorders and an elevated risk of certain cancers(48-51). For instance,

571 elevated serum triglycerides (TGs) may promote tumorigenesis through chronic
572 inflammation, oxidative stress, or lipid peroxidation-driven genomic instability(52).
573 However, the role of *APOE* in cancer appears to be highly context-dependent, varying
574 by tissue type, tumor microenvironment, and molecular pathways involved. In contrast
575 to its pro-tumorigenic effects in some cancers, our data reveal that *APOE*
576 overexpression in osteosarcoma cells significantly inhibits proliferation, migration, and
577 invasion while inducing ferroptosis. This discrepancy may arise from tissue-specific
578 signaling mechanisms. In this study, it was found that overexpression of *APOE* inhibits
579 the mTOR/Stat3 pathway in OS, which has been shown in previous studies to be a key
580 driver of tumor progression and treatment resistance (8). Conversely, *APOE* produces
581 immunosuppression through CXCL1 mediated by NF- κ B in pancreatic cancer and
582 promotes tumor growth (53). Furthermore, the relationship between
583 hypertriglyceridemia and cancer risk is complex and not universally applicable. While
584 epidemiological studies associate HTG with increased cancer incidence, this correlation
585 may not extend to all cancer types or stages. Osteosarcoma, a malignancy with distinct
586 genetic and metabolic profiles, may respond differently to lipid metabolic perturbations.
587 Our findings suggest that *APOE*'s anti-tumor effects in OS are mediated through
588 autophagy activation and iron homeostasis disruption, rather than systemic lipid
589 alterations. Importantly, our xenograft model focused on localized tumor suppression
590 without inducing systemic hypertriglyceridemia, highlighting the potential for tissue-
591 targeted *APOE* modulation as a therapeutic strategy.

592
593 There are three isomers of *APOE*: *ApoE2*, *ApoE3*, and *ApoE4*, and our main focus is
594 on *ApoE4*. Our study reveals that *APOE4* overexpression promotes autophagy in
595 osteosarcoma cells, contrasting with its autophagy-suppressive effects in
596 neurodegenerative contexts(54, 55). This divergence likely stems from tissue-specific
597 signaling networks and metabolic demands. In OS, *APOE4*-driven lipid remodeling
598 may inhibit mTOR/Stat3 signaling, a key suppressor of autophagy, thereby activating
599 pro-degradative pathways. Conversely, in neurons, *APOE4* disrupts lysosomal function
600 and autophagosome clearance, exacerbating proteotoxic stress. These findings

601 underscore the context-dependent duality of *APOE* isoforms and highlight the need to
602 explore their roles across disease models.

603
604 Future studies should investigate whether *APOE* overexpression in OS influences
605 systemic lipid metabolism or interacts with dietary/endocrine factors to modulate tumor
606 progression. Additionally, exploring tissue-specific isoforms of *APOE* (e.g., *APOE2*,
607 *APOE3*, *APOE4*) and their differential effects on cancer biology could provide further
608 mechanistic insights. These efforts will clarify the dual roles of *APOE* in metabolism
609 and oncology, guiding its safe therapeutic application.

612 **Conclusion**

613 This research elucidates the crucial function of *APOE* in the regulation of OS
614 progression through its effects on autophagy and ferroptosis. The results demonstrated
615 that *APOE* overexpression in OS cells markedly suppressed cell proliferation, invasion,
616 and migration while causing ferroptosis and apoptosis. From a mechanistic perspective,
617 *APOE* activated the mTOR/Stat3 signaling pathway, thereby enhancing autophagic
618 activity. Concurrently, *APOE* disrupted iron homeostasis, which resulted in increased
619 ROS levels, lipid peroxidation, and ferroptosis. These findings were corroborated by in
620 vivo experiments, wherein *APOE* overexpression resulted in significantly reduced
621 tumor growth and altered expression of key autophagy and ferroptosis markers. Our
622 results suggest that targeting *APOE*, in conjunction with the modulation of iron
623 metabolism and the mTOR/Stat3 signaling pathway, could offer a novel therapeutic
624 approach for managing osteosarcoma. Future studies should explore the potential of
625 combining *APOE* modulation with existing therapies to enhance treatment efficacy in
626 OS.

628 **Authors' Contribution**

629 Conception and design of the research: Xiangyang Cheng and Liang Wu

630 Acquisition of data: Xiangyang Cheng

631 Analysis and interpretation of data: Xiangyang Cheng, Yiming Zhang, Chong Bian,
632 Huijie Gu, and Guangnan Chen

633 Statistical analysis: Yiming Zhang, Chong Bian, Huijie Gu, and Guangnan Chen

634 Drafting the manuscript: Xiangyang Cheng

635 Revision of manuscript for important intellectual content: Liang Wu

636

637 **Ethics approval and consent to participate**

638 Not applicable.

639

640 **Consent for publication**

641 Not applicable.

642

643 **Availability of data and materials**

644 The datasets used and/or analyzed during the current study are available from the
645 corresponding author upon reasonable request.

646

647 **Competing interests**

648 The authors have no conflicts of interest to declare.

649

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653

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656

657

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809

810 **Figure legends**

811 **Figure 1. WGCNA of samples from OS and control groups.**

812 (A) Analysis of network topology for soft threshold power. The figure above shows the
813 scale-free topology model fit. The horizontal red line indicates the chosen cutoff of 0.85
814 for the scale-free topological fit index. The bottom figure shows the average
815 connectivity as a function of soft-threshold power. (B) Sample dendrogram and trait
816 heatmap. The upper panel is hierarchical clustering dendrogram of the samples based
817 on the expression data, the bottom panel indicates the classification of samples into OS
818 and Control groups. (C) Clustered dendrogram of genes. Different colors represent
819 different gene modules. (D) The eigengene dendrogram and eigengene adjacency
820 heatmap. Colors represent the adjacency between module eigengenes, with red
821 indicating high adjacency and blue indicating low adjacency. (E) Heatmap of the
822 module-trait relationships. The values in the cells represent the correlation coefficients
823 and the corresponding *p*-values in parentheses. WGCNA: Weighted correlation network
824 analysis, OS: Osteosarcoma.

825

826 **Figure 2. Identification of key OS-related genes and determination of hub gene.**

827 (A) Volcano plot represents DEGs identified from GSE28424. Each point on the graph

828 corresponds to a gene, with red representing down-regulated genes and yellow
829 representing up-regulated genes. (B) Venn diagram of intersection analysis of 1367
830 DEGs in the GSE28424 dataset and 99 purple module genes. The overlapping part in
831 the middle is the intersection genes. (C-E) PPI network analysis of 56 intersection genes
832 using MCC (C), MNC (D) and Degree (E) algorithms. Each dot represents the top ten
833 genes of the algorithm, and each line represents the association between genes. (F) Venn
834 diagram, the intersection region of three different network centers, MCC, MNC and
835 Degree, showed nine intersection genes. (G) Box plot of the expression of 9 intersection
836 genes in the GSE28424 dataset in the control and tumor samples. DEGs: differentially
837 expressed genes, PPI: Protein-Protein Interaction, MCC: Maximum Correlation
838 Criterion, MNC: Maximum Neighborhood Component, OS: Osteosarcoma.

839

840 **Figure 3. Overexpression of *APOE* inhibits proliferation, migration and invasion**
841 **in OS cells.**

842 (A) qRT-PCR detection of *APOE* mRNA expression in 143B, SW1353, MG-63, SaOS-
843 2, U2OS and HOB cells. (B) WB detection of APOE protein expression in 143B,
844 SW1353, MG-63, SaOS-2, U2OS and HOB cells. (C) Quantitative analysis of APOE
845 protein. (D) qRT-PCR detection of *APOE* overexpression efficiency in 143B and U2OS
846 cell lines. (E) WB detection of APOE overexpression efficiency in 143B and U2OS cell
847 lines. (F) Quantitative analysis of APOE protein. (G and H) CCK-8 detects the cell
848 proliferation of 143B (G) and U2OS (H) on days 0-5 after overexpressing *APOE*. The
849 X-axis is time (days), and the Y-axis is the OD value when the absorbance is 450nm. (I
850 and J) Transwell detection of the invasion and migration abilities of 143B (I) and U2OS
851 (J) after *APOE* overexpression. Scale bar: 50 μ m. * p <0.05, ** p <0.01, *** p <0.001.
852 qRT-PCR: Quantitative real-time reverse transcription PCR, WB: Western blot, CCK-
853 8: Cell counting kit-8, OD: optical density, OS: Osteosarcoma.

854

855 **Figure 4. *APOE* overexpression affects the migration and invasion of OS cells**
856 **mediated by autophagy.**

857 (A and B) Transwell assay for invasion and migration of 143B (A) and U2OS (B) cells,

858 including Vector, over-*APOE*, Vector+3-MA and over-*APOE*+3-MA groups. Scale bar:
859 50 μm . (C and D) qRT-PCR detection of *E-cadherin*, *N-cadherin* and *Vimentin* mRNA
860 expression in 143B (C) and U2OS (D) cells, including Vector, over-*APOE*, Vector+3-
861 MA and over-*APOE*+3-MA groups. (E and F) WB detection of E-cadherin, N-cadherin
862 and Vimentin protein expression in 143B (E) and U2OS (F) cells, including Vector,
863 over-*APOE*, Vector+3-MA and over-*APOE*+3-MA groups. (G and H) Quantitative
864 analysis of E-cadherin, N-cadherin and Vimentin. * p <0.05, ** p <0.01 vs. Vector,
865 # p <0.05, ### p <0.01 vs. Over-*APOE*. qRT-PCR: Quantitative real-time reverse
866 transcription PCR, WB: Western blot, OS: Osteosarcoma.

867
868 **Figure 5. Overexpression of *APOE* stimulates autophagy in OS cells via the**
869 **mTOR/Stat3 signaling pathway.**

870 (A) WB detection of p-mTOR and mTOR expression in 143B and U2OS cells
871 overexpressing *APOE*. (B and C) Quantitative analysis of p-mTOR and mTOR. (D)
872 WB detection of p-Stat3 and Stat3 expression in 143B and U2OS cells overexpressing
873 *APOE*. (E and F) Quantitative analysis of p-Stat3 and Stat3. (G and H) qRT-PCR
874 detection of *p62*, *LC3B-1*, *LC3B-2* and *Beclin1* expression in 143B and U2OS cells
875 overexpressing *APOE*. (I) WB detection of p62, LC3B-1, LC3B-2, and Beclin1
876 expression in 143B and U2OS cells overexpressing *APOE*. (J and K) Quantitative
877 analysis of p62, LC3B-1, LC3B-2 and Beclin1. * p <0.05, ** p <0.01, *** p <0.001. qRT-
878 PCR: Quantitative real-time reverse transcription PCR, WB: Western blot, OS:
879 Osteosarcoma.

880
881 **Figure 6. Overexpression of *APOE* induces ferroptosis of OS cells.**

882 (A and B) Detection of apoptosis in 143B (A) and U2OS (B) cells after overexpression
883 of *APOE* by flow cytometry. (C) Relative ROS levels in 143B and U2OS cells
884 transfected with over-*APOE*. (D) Relative Fe^{2+} levels in 143B and U2OS cells
885 transfected with over-*APOE*. (E) Relative SOD levels in 143B and U2OS cells
886 transfected with over-*APOE*. (F) Relative MDA levels in 143B and U2OS cells
887 transfected with over-*APOE*. (G) Relative GSH levels in 143B and U2OS cells

888 transfected with over-*APOE*. * $p < 0.05$. ROS: Reactive oxygen species, SOD:
889 Superoxide dismutase. MDA: Malondialdehyde, GSH: Glutathione, OS: Osteosarcoma.

890

891 **Figure 7. Overexpression of *APOE* alters iron metabolism in OS cells.**

892 (A) Relative total iron levels in 143B and U2OS cells transfected with over-*APOE*. (B
893 and C) qRT-PCR detection of *TfR1*, *FPN*, *GPX4* and *SLC7A11* expression in 143B and
894 U2OS cells overexpressing *APOE*. (D) WB detection of TfR1, FPN, GPX4 and
895 SLC7A11 expression in 143B and U2OS cells overexpressing *APOE*. (E and F)
896 Quantitative analysis of TfR1, FPN, GPX4 and SLC7A11. * $p < 0.05$, ** $p < 0.01$,
897 *** $p < 0.001$. qRT-PCR: Quantitative real-time reverse transcription PCR, WB: Western
898 blot, OS: Osteosarcoma.

899

900 **Figure 8. *APOE* overexpression reduces tumor growth and modulates ferroptosis-**
901 **related markers in a mouse xenograft model.**

902 (A) Xenograft tumor imaging after nude mice were injected with 143B cells stably
903 transfected with Vector/over-*APOE*. (B) Comparison of tumor weight between Vector
904 and over-*APOE* groups. (C and D) qRT-PCR analysis of mRNA expression levels of
905 autophagy and ferroptosis-related markers, including *LC3B-1*, *LC3B-2*, *GPX4*,
906 *SLC7A11*, *TfR1*, and *FPN* in tumor tissues. (E) WB detection of LC3B-1, LC3B-2,
907 GPX4, SLC7A11, TfR1 and FPN expression in tumor tissues overexpressing *APOE*. (F
908 and G) Quantitative analysis of LC3B-1, LC3B-2, GPX4, SLC7A11, TfR1 and FPN.
909 * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$. OS: Osteosarcoma, qRT-PCR: Quantitative real-time
910 reverse transcription PCR, WB: Western blot.

911

912 **Supplementary Figure 1. Overexpression of *APOE* induces cell ferroptosis.**

913 Diagram of the mechanism by which *APOE* mediates ferroptosis in OS cells.
914 Overexpression of *APOE* leads to the activation of the mTOR/Stat3 signaling pathway
915 and enhances autophagy, which together suppress OS cell proliferation, migration, and
916 invasion. Additionally, *APOE* overexpression alters iron metabolism, increasing
917 intracellular iron levels, reducing GSH levels, and promoting lipid ROS accumulation.

918 These changes culminate in the induction of ferroptosis, a form of programmed cell
 919 death characterized by iron-dependent lipid peroxidation, thereby contributing to tumor
 920 suppression in OS cells. GSH: Glutathione, OS: Osteosarcoma.

921

922

923 **Table 1. Primer sequences for *in vitro* qRT-PCR.**

Target	Direction	Sequence (5' -3')
<i>APOE</i>	Forward	TTCCCCAGGAGCCGACTG
<i>APOE</i>	Reverse	ATCCCAAAGCGACCCAGTG
<i>N-cadherin</i>	Forward	TGGGAAATGGAACTTGATGGC
<i>N-cadherin</i>	Reverse	AATCTGCAGGCTCACTGCTC
<i>E-cadherin</i>	Forward	GCTGGACCGAGAGAGTTTCC
<i>E-cadherin</i>	Reverse	CAAATCCAAGCCCGTGGTG
<i>Vimentin</i>	Forward	GGACCAGCTAACCAACGACA
<i>Vimentin</i>	Reverse	AAGGTCAAGACGTGCCAGAG
<i>Beclin 1</i>	Forward	GGGCTCCCGAGGGATGG
<i>Beclin 1</i>	Reverse	TCCTGGGTCTCTCCTGGTTT
<i>LC3B-1</i>	Forward	TCAGGTTACAAAACCCGCC
<i>LC3B-1</i>	Reverse	CCGTTTACCCTGCGTTTGTG
<i>LC3B-2</i>	Forward	TCAGGTTACAAAACCCGCC
<i>LC3B-2</i>	Reverse	CCGTTTACCCTGCGTTTGTG
<i>P62</i>	Forward	CATTGCGGAGCCTCATCTCC
<i>P62</i>	Reverse	TCCTCGTCACTGGAAAAGGC
<i>TfR1</i>	Forward	AGCGTCGGGATATCGGGT
<i>TfR1</i>	Reverse	CCATCTACTTGCCGAGCCA
<i>FPN</i>	Forward	AAATCCCTGGGCCCTTTTC
<i>FPN</i>	Reverse	GGTCATGACACTAGGCGACC
<i>GPX4</i>	Forward	GAGATCAAAGAGTTCGCCGC

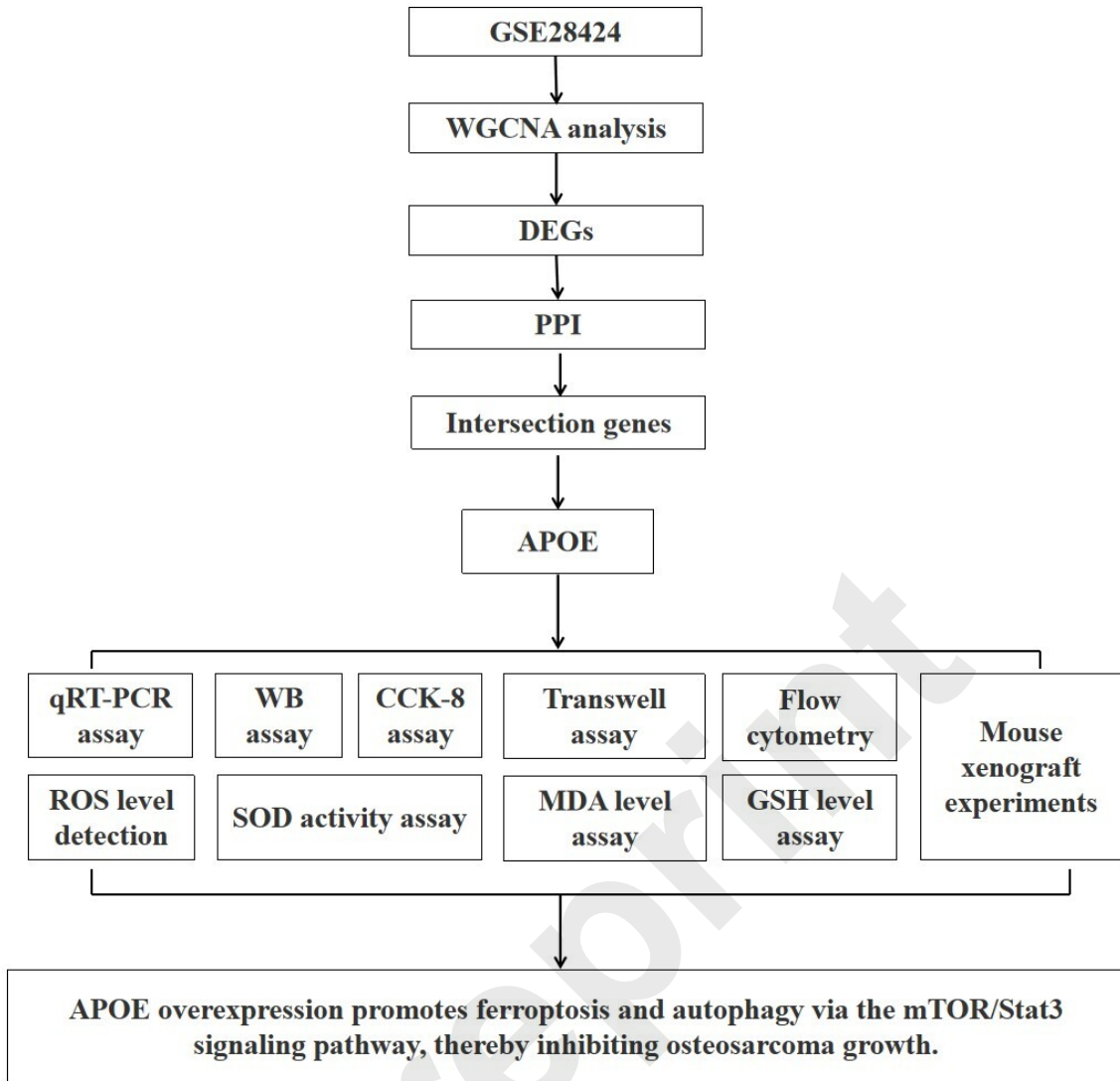
<i>GPX4</i>	Reverse	GAACTGTGGAGAGACGGTGT
<i>SLC7A11</i>	Forward	CGCTGTGAAGGAAAAAGCAC
<i>SLC7A11</i>	Reverse	GATGGTGGACACAACAGGCT
<i>GAPDH</i>	Forward	CATGTTGCAACCGGAAGGA
<i>GAPDH</i>	Reverse	ATCACCCGGAGGAGAAATCG

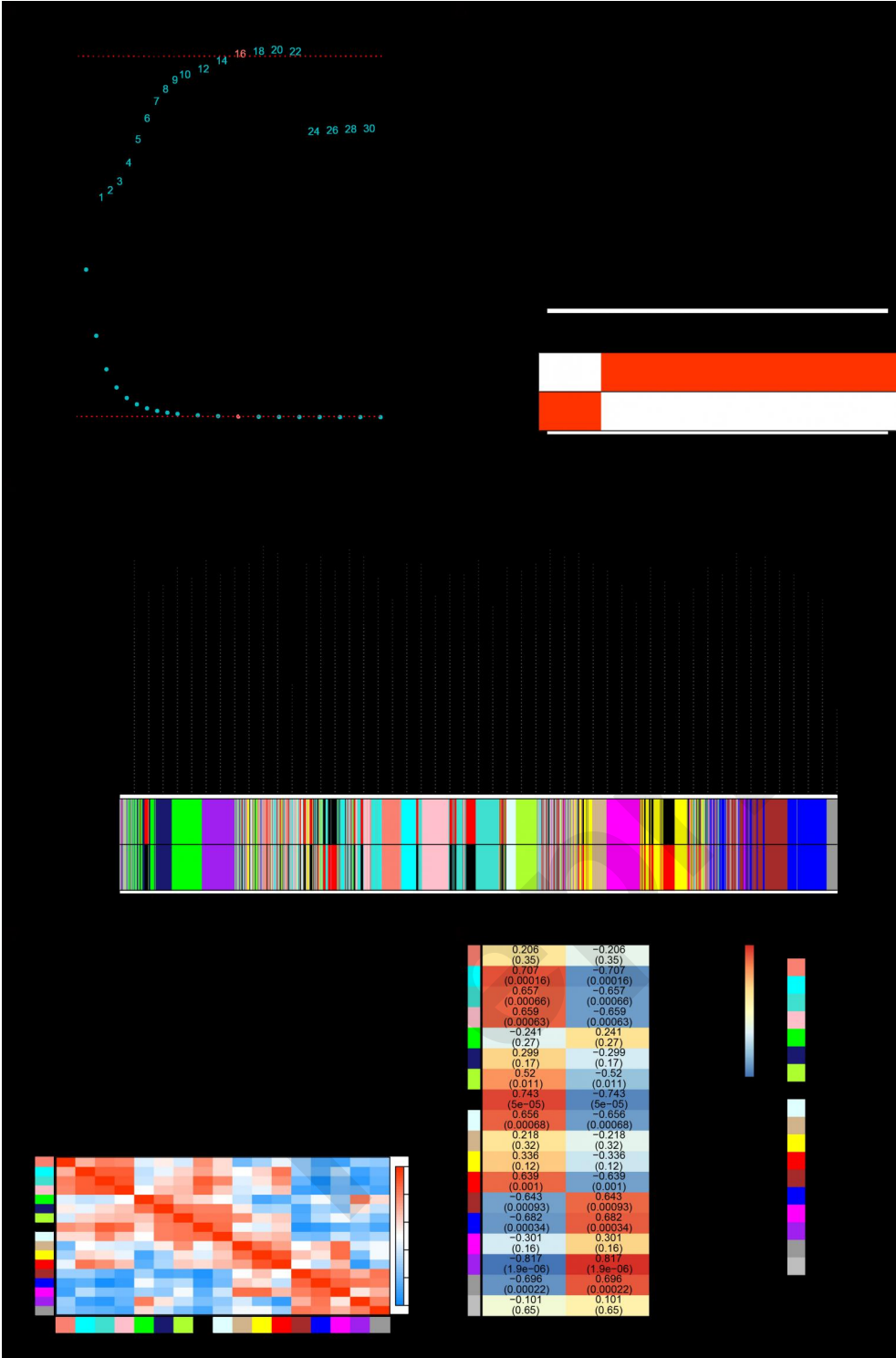
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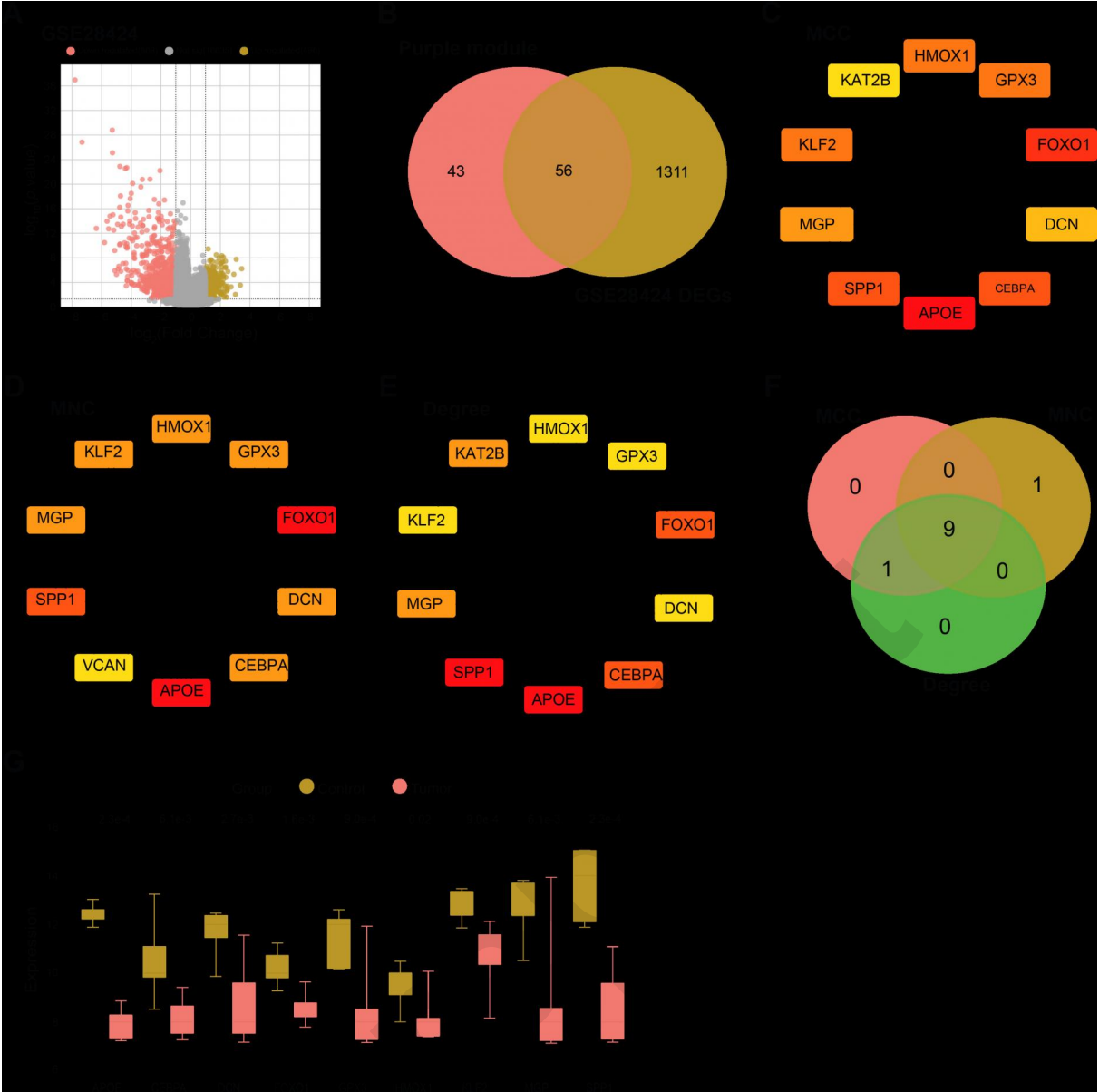
925 **Table 2. Primer sequences for *in vivo* qRT-PCR.**

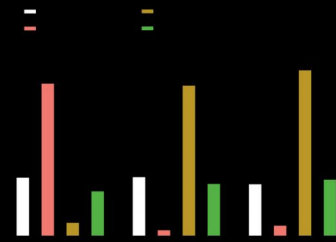
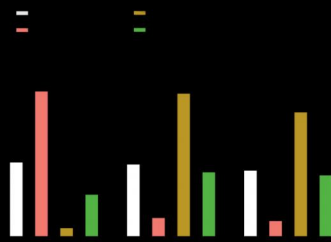
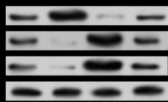
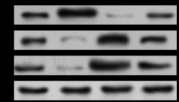
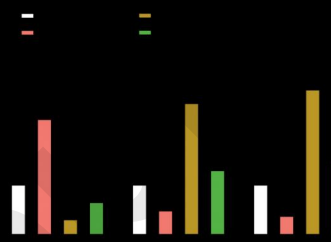
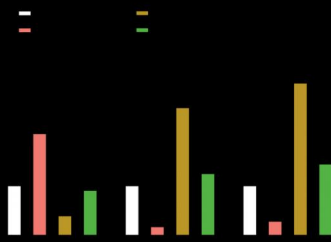
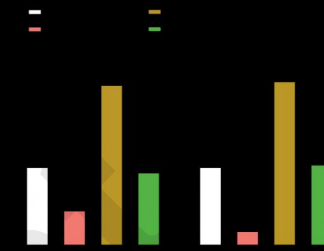
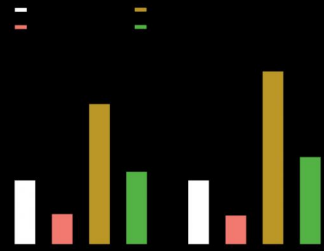
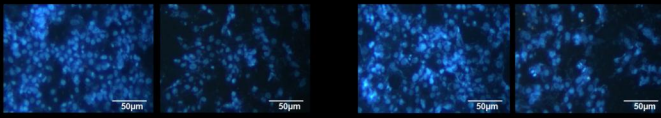
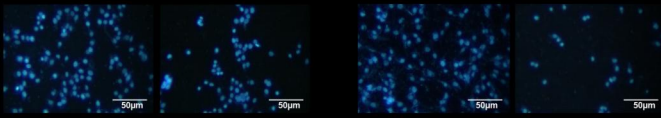
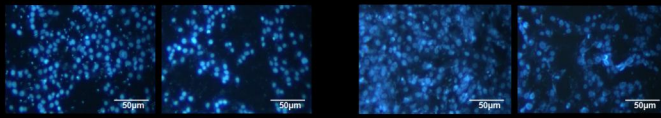
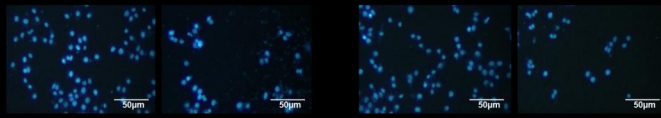
<i>LC3B-1</i>	Forward	GGGACCCTAACCCCATAGGA
<i>LC3B-1</i>	Reverse	GGCACCAGGAAGCTTGGTCTT
<i>LC3B-2</i>	Forward	GGGACCCTAACCCCATAGGA
<i>LC3B-2</i>	Reverse	GGCACCAGGAAGCTTGGTCTT
<i>GPX4</i>	Forward	GCCAAAGTCCTAGGAAACGCC
<i>GPX4</i>	Reverse	CAGGAAGCTCGGAGCTGTTGC
<i>SLC7A11</i>	Forward	CTGCAGCTAACTGACTGCC
<i>SLC7A11</i>	Reverse	CCCCTTTGCTATCACCAGCT
<i>TfR1</i>	Forward	TAGGCCGCGGGTTTCG
<i>TfR1</i>	Reverse	CCGGGTGTATGACAATGGTTC
<i>FPN</i>	Forward	CTCCAACCCGCTCCCATAA
<i>FPN</i>	Reverse	GCACAACAGCCTTATGCCG
<i>GAPDH</i>	Forward	CCCTTAAGAGGGATGCTGCC
<i>GAPDH</i>	Reverse	ATGAAGGGGTCGTTGATGGC

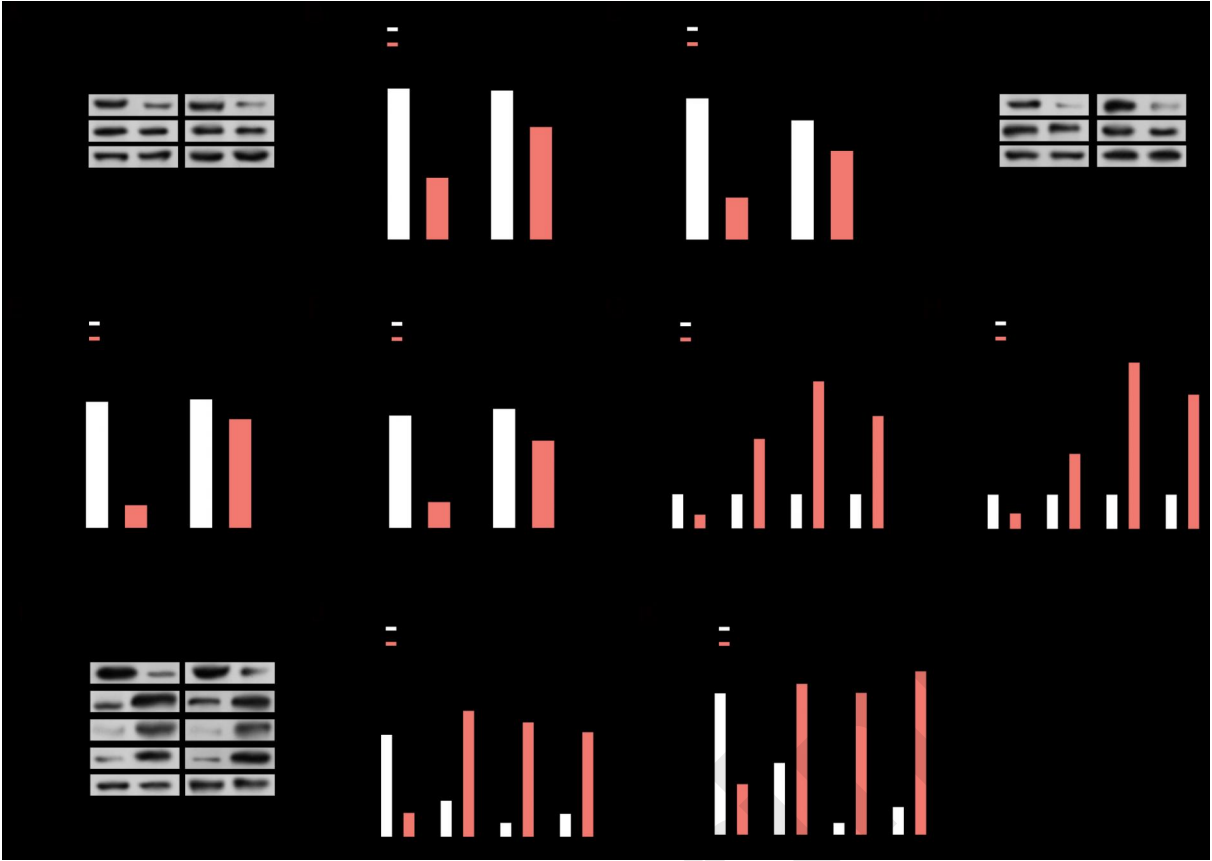
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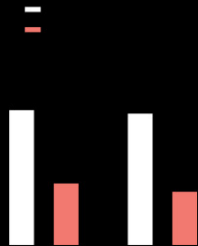
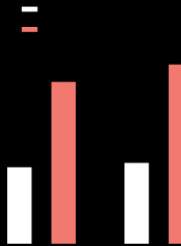
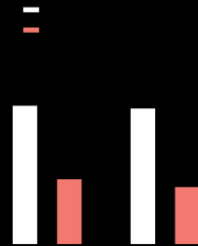
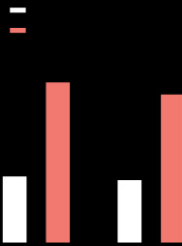
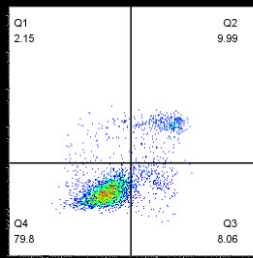
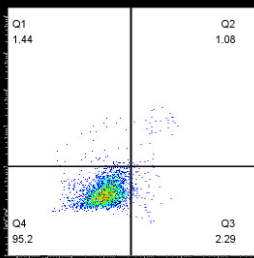
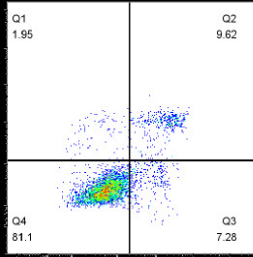
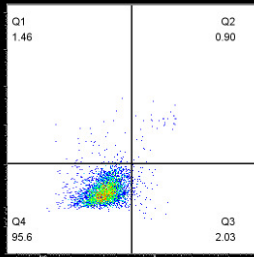


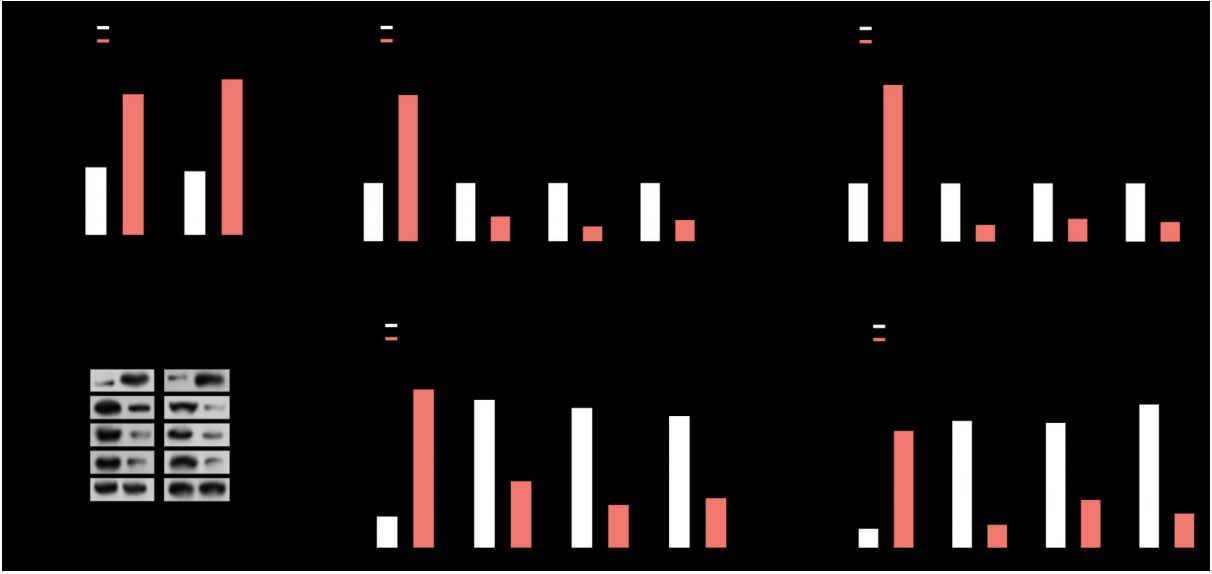




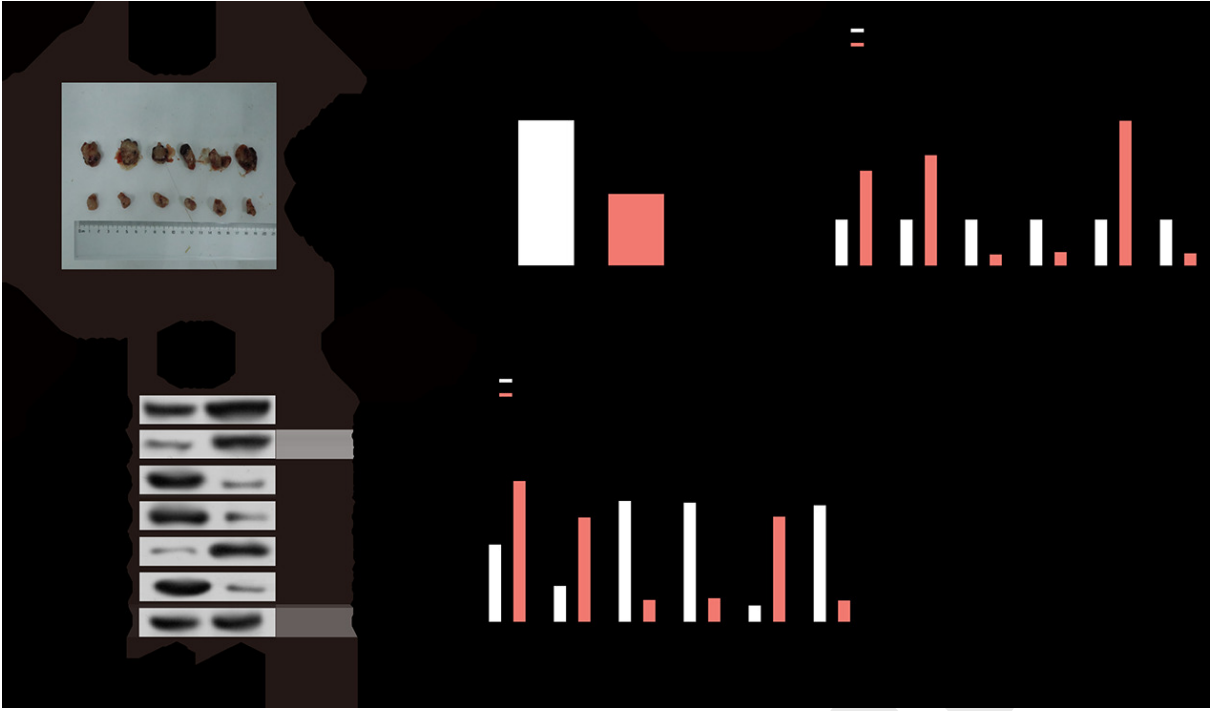


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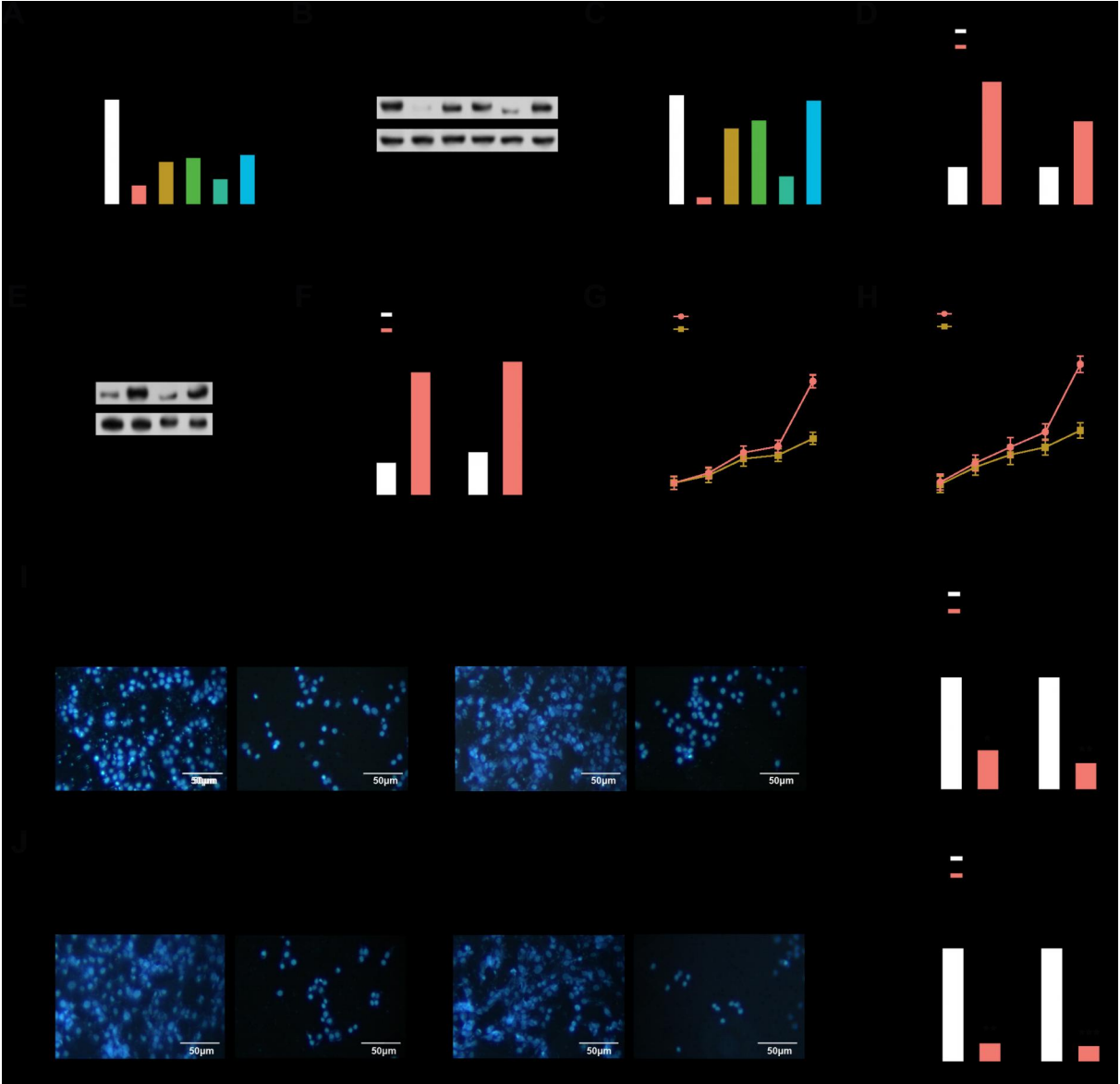




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