# Causal relationship between 91 circulating inflammatory proteins and osteomyelitis risk: evidence from a Mendelian randomization study

#### Keywords

meta-analysis, osteomyelitis, Mendelian randomization, circulating inflammatory proteins, two-sample

#### Abstract

#### Introduction

Recent research on bone immunology highlights the role of circulating inflammatory proteins in the progression of Osteomyelitis (OM). We aimed to investigate the causal relationship between circulating inflammatory protein levels and OM.

#### Material and methods

We used summary statistic of 91 inflammatory cytokines (n=14,824) to perform Mendelian randomization (MR) with two different cohorts of OM. In the discovery phase, the summary statistic of OM was obtained from the FinnGen R11 database (2,125 cases vs. 429,826 controls), and the results were replicated in a larger cohort of OM from the UK Biobank study (4,836 cases vs. 481,648 controls). The results of the two MR analyses were applied to a random effects model for meta-analysis. The inverse variance-weighted (IVW) method was used as the main method for MR analysis. We conducted a series of sensitivity analyses to confirm the stability of the causal effect, and used phenotype-wide association analysis (PheWAS) to examine the potential pleiotropy in the study.

#### Results

Genetic evidence suggests a causal association between C-C motif chemokine 4 (ORIVW=1.11, 95%CI=1.04-1.19) and OM in different European ancestry meta-analysis results, which was confirmed by robustness in sensitivity tests and PheWAS. Additionally, Osteoprotegerin, MCP-4, ADA, IL15RA, and Artemin were positively associated with the risk of OM, while MCP-3, C-X-C motif chemokine 5, and C-C motif chemokine 19 were negatively associated.

#### Conclusions

Our findings suggest a potential causal association between 9 inflammatory proteins and OM, but this study is based on a European ancestry cohort. Future studies are needed to validate these associations in multi-ethnic cohorts and elucidate the biological mechanisms through experimental studies.

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1 Abstract

2	Background: Recent research on bone immunology highlights the role of circulating
3	inflammatory proteins in the progression of Osteomyelitis (OM). We aimed to investigate
4	the causal relationship between circulating inflammatory protein levels and OM.
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15	95%CI=1.04-1.19) and OM in different European ancestry meta-analysis results, which
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18	risk of OM, while MCP-3, C-X-C motif chemokine 5, and C-C motif chemokine 19 were
19	negatively associated.
20	Conclusion: Our findings suggest a potential causal association between 9 inflammatory

21 proteins and OM, but this study is based on a European ancestry cohort. Future studies are

- 22 needed to validate these associations in multi-ethnic cohorts and elucidate the biological
- 23 mechanisms through experimental studies.
- 24 Keywords: osteomyelitis, circulating inflammatory proteins, Mendelian randomization,
- two-sample, meta-analysis

## 26 Introduction

27 Osteomyelitis (OM) is an inflammatory process characterized by bone destruction caused 28 by microbial infection, which can be confined to bone tissue or spread to bone marrow, bone substance, periosteum, and surrounding soft tissue.<sup>1</sup> OM can be classified according 29 30 to the cause (bacteria, fungi, etc), route of infection, and duration (acute and chronic). 31 Traumatic OM is the most common type of OM, which is infamous for its high recurrence rate  $(20\%-30\%)^2$  and high disability rate (amputation rate up to  $24\%)^3$ , seriously affecting 32 wound healing and surgical outcomes.<sup>4</sup> A population-based epidemiological study from the 33 34 United States showed that the incidence was approximately 24.4 cases per 100,000 people 35 per year from 2000 to 2009. It is worth noting that the incidence of OM in children and 36 young people is relatively stable, but the incidence of OM in people over 60 years old has almost doubled, which may be attributed to the increase in diabetes-related OM cases.<sup>5</sup> 37 38 Moreover, the fight against OM is a long and costly process, and Morgenstern et al study 39 showed that the cost of treating traumatic OM is more than four times that of handling prosthesis infections.<sup>3</sup> 40

OM can be caused by infection with various bacteria, with multi-drug resistant Grampositive bacteria being most commonly represented by *Staphylococcus aureus* (SA), and multi-drug resistant Gram-negative bacteria being mainly represented by *Escherichia coli* and *Klebsiella pneumoniae*. Circulating inflammatory proteins play a role in the progression of both acute and chronic post-traumatic OM, and are considered the basis of chronic infection.<sup>6, 7</sup> The discussion on OM in bone immunology focuses on the invasion,

adhesion of bacteria to nonprofessional phagocytic cells (NPPCs), replication, conversion, 47 release, and further infection of other cells, leading to persistent infection.<sup>8-10</sup> During this 48 49 process, the production of inflammatory factors or chemokines recruits immune cells to 50 exert immune killing, directly leading to apoptosis of osteoblasts and an increase in the 51 number of osteoclasts, leading to imbalance in bone metabolism and bone homeostasis, resulting in osteolysis.<sup>11-13</sup> Regulatory factors of immune cells are important for 52 53 maintaining immune system balance. While studies on these checkpoint factors have been 54 conducted in other bone diseases such as rheumatoid arthritis and osteoporosis, there have been insufficient reports on their effects in OM.<sup>14, 15</sup> Therefore, a thorough understanding 55 56 and study of the causal relationship between circulating inflammatory proteins and OM can 57 help improve our understanding of the pathogenesis of OM and develop new therapeutic 58 targets.

Among the various methods for associative studies, the gold standard for establishing 59 60 causality is a randomized controlled trial (RCT), but it often requires more human, material, 61 and time resources. Mendelian randomization (MR) is a method for causal inference based 62 on genetic relatedness, which uses the natural random allocation of genes to infer the potential causal relationship between exposure and outcome and effectively overcomes 63 confounding factors and causal reversal problems.<sup>16, 17</sup> Therefore, this study aims to analyze 64 65 the causal association between 91 circulating inflammatory proteins and the risk of OM in two different cohorts using the MR method, with the aim of providing new evidence 66 67 support for the bone immunology.

## 68 Materials and methods

#### 69 Study design

70 We used summary-level data from GWAS to conduct a two-sample MR analysis to

71 investigate the causal relationship between circulating inflammatory proteins and the risk of

72 OM. Figure 1 shows a schematic of the study design. To accurately establish the causal 73 effect, MR relies on three key assumptions: (1) the association assumption: Instrumental 74 variables (IVs) should strongly associate with the exposure; (2) independence assumption: 75 the included IVs are unrelated to confounding factors associated with the exposure-76 outcome link; (3) exclusivity assumption: IVs only modify the outcome through their effect 77 on the exposure. This study strictly adhered to the guidelines of the Strengthening the 78 Reporting of Observational Studies in Epidemiology using Mendelian Randomization 79 (STRBOE-MR) to report the study findings (Supplementary Table S1). All participants in 80 the included studies were of European ancestry, avoiding population stratification-related 81 statistical bias. The data were all obtained from publicly available databases, and each 82 cohort received ethical approval during the study period, thus no additional ethical review 83 was required.

## 84 Data sources

The latest data on circulating inflammatory proteins is derived from a study by Zhao et al.<sup>18</sup> 85 86 The researchers recruited 14,824 participants of European descent and performed whole-87 genome protein quantitative trait loci (pQTL) mapping on 91 plasma proteins measured 88 from 11 cohorts. Inflammatory proteins were generated by measuring genome-wide genetic 89 data and plasma proteomics data with the Olink Target Inflammation immunoassay panel. 90 GWAS analysis within each cohort was performed applying an additive genetic association 91 model based on linear regression, and the impact of inflammatory protein was reported as a change in inverse-rank normalized protein level per dosage of the effect allele.<sup>19</sup> For further 92 93 details regarding the research, please consult the original literature.<sup>18</sup>

The summary-level GWAS for OM was obtained from the study by Hamilton et al. and
 the FinnGen R11 database.<sup>20, 21</sup> The FinnGen R11 database is a large biological resource
 project aimed at collecting and analyzing genetic data of the Finnish population to study the

influence of genetic and environmental factors on health and disease.<sup>20</sup> R11 is the updated 97 98 public data set organized by the project for June 2024. In the discovery phase, the FinnGen 99 R11 database included 431951 cases of European ancestry (2125 cases of OM and 429826 100 controls), and other information can be accessed through the FinnGen website 101 (https://www.finngen.fi/en). In the replication phase, we used the pooled summary statistics 102 from the IEU OpenGWAS project of the UK Biobank (https://gwas.mrcieu.ac.uk/). The UK 103 Biobank is a large biomedical cohort study database initiated and established by the UK government. The database recruited 500,000 participants from across the UK and collected 104 105 genetic, lifestyle, and health data from a large sample of individuals through various forms, including biological samples and questionnaires.<sup>21</sup> The study included a total of 4836 cases 106 107 of OM and 481648 controls. The sources of exposure and outcome data and the

108 characteristics of the data are presented in **Table 1**.

# 109 Selection of genetic instrumental variable

To meet the MR assumptions, SNPs ( $R^2=0.001$  and genetic distance = 10,000 kb) that were 110 111 strongly and independently associated with exposure at the genome-wide level ( $p < 5 \times 10-8$ ) 112 were included in the discovery phase, a strict threshold designed to prioritize the reliability of instrumental variables and minimize the risk of weak instrument bias.<sup>22</sup> In the replication 113 phase, we used a less stringent exclusion criterion for linkage disequilibrium ( $R^2=0.01$  and 114 115 genetic distance = 10,000 kb) to enhance our method and statistical power.<sup>23</sup> This 116 adjustment strategy has been validated in other studies to balance the rigor of the discovery 117 phase and the stability of the replication phase, and eventually include more relevant SNPs 118 to enhance the reproducibility of the results. To prevent allelic confounding and 119 bidirectional causality between circulating inflammatory proteins and bone marrow 120 inflammation risk, we excluded inverted and incompatible SNPs. Furthermore, we

121 calculated the F statistic to use the formula to assess the strength of IVs ( $R^2 = 2 \times EAF \times (1 - CAF)$ )

122 EAF) × beta<sup>2</sup>; F = R<sup>2</sup>×(N-2)/(1-R<sup>2</sup>)), and excluded SNPs with an F statistic <10 (to exclude 123 weakly associated SNPs).<sup>24</sup>

## 124 Statistical analysis

125 MR analysis was conducted using the TwoSampleMR package in the R 4.4.1 version 126 software. The MR-Egger, Weighted median, inverse variance weighted (IVW), Simple 127 mode, and Weighted mode methods were used as the default analysis methods. Among 128 these, IVW is widely accepted as the primary method due to its calculation of a weighted average of all IV effect sizes, providing relatively reliable results.<sup>25</sup> Other methods are only 129 130 used as supplementary results to confirm the general direction due to poorer statistical 131 efficiency. The causal relationship between exposure and outcome is evaluated based on p-132 values (p < 0.05 indicates statistical significance). The IVW method and Egger regression are used to detect heterogeneity.<sup>26</sup> The Cochran 's Q test is used to assess heterogeneity 133 134 between IVs. The intercept in the Egger regression is an effective indicator of whether the MR analysis results are affected by horizontal pleiotropy (p < 0.05 indicates significant 135 136 heterogeneity). The "leave-one-out" method was employed to conduct sensitivity analysis, 137 whereby each SNP was sequentially eliminated and the effect size of the remaining SNPs 138 was calculated. If the exclusion of any single SNP significantly impacts the results, it indicates the presence of sensitivity.<sup>27</sup> Meta-analysis was conducted using Stata (17.0 139 140 version) and the OR and its related 95% confidence interval were combined.

## 141 **Phenome-wide association analysis**

142 To further assess whether inflammatory protein factors have beneficial or harmful effects

- 143 on other traits, as well as to detect pleiotropy not identified by the MR-Egger test, we
- 144 conducted a PheWAS using the AstraZeneca PheWAS Portal database
- 145 (https://azphewas.com/).<sup>28</sup> The research team studied the relationships between rare
- 146 protein-coding variants and 17,361 binary and 1,419 quantitative phenotypes using exome

- 147 sequencing data from 269,171 European-ancestry UK Biobank participants. PheWAS
- 148 results can be interpreted as genetic predictions of protein expression associated with
- 149 specific diseases or traits. The significant *p*-value threshold (1e-8) was established
- 150 according to the study of Wang et al  $^{28}$  and corresponds to a false positive rate of 0.1%. The
- 151 suggestive threshold (1e-6) is adjusted by a single phenotypic collapsing model to preserve
- 152 conservative control for p < (0.05/18500 genes).<sup>19</sup>

153 **Results** 

#### 154 **Results of Instrumental Variable Screening**

- 155 In the MR analysis, the effect of SNPs on exposure and the effect of SNPs on outcomes
- 156 must correspond to the same allele. In the discovery phase, after reliable and independent
- 157 ( $R^2=0.001$  and genetic distance = 10,000 kb) adjustment of the coordinated exposure and
- 158 outcome data, duplicate and negatively correlated SNPs were removed, resulting in the
- 159 identification of 263 usable SNPs (Supplementary Table S2). In the replication phase, 412
- 160 usable SNPs were identified with an  $R^2=0.01$  and genetic distance = 10,000 kb criterion
- 161 (Supplementary Table S5).

## 162 MR discovery analysis of 91 inflammatory proteins on OM

- 163 In the discovery phase, a total of 4 circulating inflammatory proteins were identified as
- 164 potentially causally associated with OM using IVW-based MR analysis (Figure 2). The
- 165 SNP information and the MR analysis process for these 4 circulating inflammatory proteins
- are presented in **Supplementary Table S2-S4**. Osteoprotegerin (OPG) (OR = 1.484, 95%)
- 167 CI = 1.139-1.933, p = 0.003, Monocyte chemoattractant protein-4 (MCP-4) (OR = 1.223,
- 168 95% *CI* = 1.029-1.453, *p* = 0.022), Adenosine Deaminase (ADA) (OR = 1.209, 95% *CI* =
- 169 1.056-1.384, p = 0.006), and CCL4 (OR = 1.121, 95% CI = 0.997-1.261, p = 0.05) all
- 170 showed statistically significant results (p < 0.05) in the MR analysis. Consistent with the
- 171 results of the IVW method, the weighted median, simple mode, and weighted mode

172 produced directionally consistent effect estimates, confirming the stability of our discovery

173 phase research results (Figure 3). The sensitivity analysis results showed no significant

174 heterogeneity or horizontal pleiotropy (Supplementary Table S8 and S9). In the

175 visualization results, we plotted scatter plots to demonstrate the impact of individual SNPs

- 176 on the causal estimate. (Supplementary Figure S1) Furthermore, the leave-one-out plot
- analysis for the 4 circulating inflammatory proteins and OM also clearly showed that the
- 178 MR analysis results were stable and not affected by any single SNP(Supplementary

179 **Figure S2**).

## 180 MR replication analysis of 91 inflammatory proteins on OM

- 181 In the replication phase, the results obtained by IVW as the main MR method show that 6
- 182 inflammatory proteins have a potential causal association with OM (Figure 4). The SNP
- 183 information and the process of MR analysis for the six circulating inflammatory proteins
- are presented in Supplementary Table S5-S7. Monocyte chemoattractant protein-3 (MCP-
- 185 3) (OR=0.822, 95% CI = 0.692-0.976, p=0.025), Interleukin-15 receptor subunit alpha
- 186 (IL15RA) (OR=1.088, 95% CI = 1.001-1.183, p=0.047), C-X-C motif chemokine 5
- 187 (CXCL5) (OR=0.865, 95% CI = 0.759-0.986, p=0.03), CCL4 (OR=1.108, 95% CI = 1.023-
- 188 1.2, *p*=0.012), C-C motif chemokine 19 (CCL19) (OR=0.843, 95% *CI* = 0.723-0.984,
- 189 p=0.03), Artemin (ARTN) had a potential causal association with osteomyelitis
- 190 (OR=1.471, 95% CI = 1.031-2.098, p=0.034). In the other four default methods, the same
- 191 trend was observed despite the lack of statistical significance (Figure 5). Cochran's Q test
- 192 showed that the heterogeneity of all exposure-outcome analyses was not significant,
- 193 indicating that the effect size of SNPs was consistent, and there was no need to further
- 194 exclude specific SNPS. MR-Egger intercept test again did not find significant horizontal
- 195 pleiotropy. (Supplementary Table S8 and S9). In addition, the overall effect remained
- stable after excluding individual SNP results in the "Leave-one-out" analysis.

#### 197 Meta analysis

198	Using the	aforementioned	data,	we found	that the	statistical	significance	of CCL4 bein	g
	()							,	

199 associated with OM remained significant after validation cohort analysis. Sensitivity

- analysis indicated no data heterogeneity or horizontal pleiotropy. We conducted a meta-
- analysis using a random effects model for the two cohorts, with the combined result
- showing an  $OR_{IVW} = 1.11 (95\% CI = 1.04 1.19)$  (Figure 6). The genetic prediction of a one
- standard deviation increase in CCL4 was associated with a 1.11-fold increased risk of OM,
- 204 indicating a robust causal association.

## 205 **Phenotype-wide association analysis**

206 As shown in **Supplementary Figure S3-S12**, apart from IL15RA, which provides

207 suggestive support for continuous traits in inflammatory diseases, other four drug targets

were significantly associated with any phenotype. This suggests that the potential side

209 effects of drugs targeting these targets and the pleiotropy present in these genes may be

210 minimal, further supporting the reliability of the study findings.

## 211 **Discussions**

212 Observational studies have to some extent confirmed the relationship between circulating

213 inflammatory proteins and OM, and we have found a more definite connection at the

214 genetic level through MR analysis and meta-analysis. The results of merging the two cohort

studies first indicate that there is a potential causal association between CCL4 and OM,

216 which has been confirmed by robustness in sensitivity tests and a full phenotypic

association analysis. Additionally, unfamiliar or already proven inflammatory proteins have

- also been included in the study. Specifically, we found that OPG, MCP-4, ADA, IL15RA,
- and ARTN were positively associated with the risk of OM in European populations from
- different cohorts, while MCP-3, CXCL5, and CCL19 were negatively associated with the
- risk of OM, without significant bias. This provides a series of reliable genetic evidence,

providing new insights into the relationship between circulating inflammatory proteins andOM.

## 224 Association with previous studies

225 To our knowledge, this is the first MR study to investigate the causal relationship between 226 91 circulating inflammatory proteins and the risk of OM. In fact, multiple countries and 227 disease organizations classify OM as an imminent risk for post-traumatic fracture or injury 228 prognosis and consistently believe that uncovering its inflammatory development 229 mechanisms and epidemiological characteristics is crucial to reducing its threat to human health.<sup>29</sup> A recent study confirms that CCL4 is closely related to inflammatory responses 230 231 and blood glucose level regulation, making it a risk factor or pathogenic factor for cardiovascular diseases.<sup>30</sup> Gan et al also indicates that an increase in blood CCL4 is 232 233 associated with an increased risk of hospitalization for COVID-19, which may be related to 234 its role in the overexpression of inflammatory factors and lung inflammation injury. These findings support the importance of this inflammatory protein in cardiovascular and 235 236 respiratory inflammatory diseases and indirectly support the results of this study. 237 Specifically, CCL4 mediates inflammatory responses in osteomyelitis by binding to the co-238 receptor CCR5, as well as by activating the mTORC1 pathway. After binding to the 239 receptor CCR5, CCL4 recruits macrophages and CD8+ T cells to the site of infection, 240 promotes the release of pro-inflammatory factors (such as IL-6 and TNF- $\alpha$ ), and intensifies local inflammation.<sup>31</sup> In chronic osteomyelitis, CCL4 inhibits autophagy by activating the 241 242 mTORC1 pathway, leading to the accumulation of inflammatory factors and enhanced bone resorption.32 243

## 244 **Possible Explanations for the Causality**

245 Chronic OM is typically caused by bacterial infections, with SA being the most common

246 pathogen. These infectious microorganisms disrupt the microecological balance of bone

formation and resorption, primarily by being ingested and internalized by osteoblasts,

248 persisting within them, recruiting immune cells to kill osteoblasts, and increasing the

number of osteoclasts.

250 Osteoblasts ingest and internalize SA, which can secrete various inflammatory cytokines and chemokines.<sup>33</sup> While there have been extensive discussions on inflammatory cytokines 251 252 such as tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ), interleukin (IL)-6, and IL-18 in previous studies, the results have been mixed.<sup>33-35</sup> On the one hand, only a few studies have reported the 253 254 presence of these cytokines or their coding genes with increased expression in osteoblasts 255 infected with Staphylococcus aureus. On the other hand, only increased expression of 256 inflammatory cytokines was detected at the mRNA level in different studies, without any changes detected at the protein level.<sup>36</sup> Furthermore, due to the specificity of in vitro 257 258 studies, it is difficult to simulate the actual situation of osteoblasts in vivo. These 259 limitations have led to a slow progress in this field, and the role of inflammatory cytokines 260 secreted by osteoblasts in the inflammatory process of OM is still unclear. 261 It is worth noting that osteoblasts infected with Staphylococcus aureus can also secrete 262 various chemokines to recruit and activate innate and adaptive immune cells. The chemokines belong to two families (CXC and CC), which are key signals for circulating 263

cell migration and localization to various tissues and play an important role in bone

265 metabolism.<sup>37</sup> Osteoblast-secreted chemokines, such as IL-6, CCL2, CCL3, and CCL5,

266 participate in the recruitment and activation of macrophages.<sup>38,39</sup> CCL4, CCL19, and

267 CXCL5 may also participate in this process, leading to cell proliferation and differentiation,

- 268 cell polarization, cell apoptosis and degranulation, nitric oxide induction, and Reactive
- 269 Oxygen Species production, as well as actin reorganization, through Jak-STAT signaling
- 270 pathway, MAPK signaling pathway, PLC/PKC signaling pathway, etc.

271 Osteoblasts produce NF-kB activator ligand (RANK-L) and OPG. RANK-L can bind to 272 the ligand RANK on monocytes/macrophages, promoting their differentiation into 273 osteoblasts. OPG is a decoy receptor that can compete with RANK for binding to RANK-274 L, thereby inhibiting the differentiation of osteoclasts. When Staphylococcus aureus infects 275 osteoblasts, RANK-L synthesis increases and OPG synthesis decreases, reducing the 276 inhibition of osteoclast differentiation. This change also indirectly leads to an increase in 277 the number of osteoclasts. In addition to RANK-L, cellular factors such as IL-15 and IL-17 have also been shown to be involved in the activation and renewal of osteoclasts. The 278 279 absence of IL-15 signal impairs the activity of osteoclasts, and IL15RA is an important part 280 of IL-15 pro-inflammatory signal. The combination of IL-15 and IL-15RA, activates the 281 JAK/STAT signaling pathway, and promotes the survival and proliferation of NK cells and CD8+ T cells. These cells play a key role in the resistance to bacterial infection, and their 282 283 insufficient activity may lead to the persistence of S. aureus in bone tissue and aggravate the progression of OM.<sup>40,41</sup> In the pathological process of OM, MCP-3 mainly binds to its 284 285 receptor CCR1/CCR3, which induces monocytes and macrophages to migrate to the infection site, releases inflammatory factors such as IL-6 and TNF- $\alpha$ , and aggravates local 286 287 inflammatory response and bone destruction. Furthermore, in vitro studies have shown that MCP-3 can exacerbate bone resorption by stimulating RANKL production.<sup>42</sup> However, in 288 289 the study by Votta and colleagues, no chemokine, including MCP-3 and MCP-4, showed 290 chemotactic activity toward primary osteoblasts or osteoblasts derived from human bone grafts.<sup>43</sup> In summary, the mechanisms by which chemokines and inflammatory factors 291 292 participate in bone metabolism are complex and diverse, and current research is still 293 inadequate. Future studies should further explore mechanisms underlying the progression 294 of OM from the perspective of bone immunology.

295	It is easy to understand that ADA can convert adenosine to inosine, which participates in
296	purine metabolism. When the count of CD4 T cells is high, ADA activity increases. In
297	addition, inflammatory bone pain associated with bone pathology or disease is an important
298	clinical problem in which ARTN seems to play an important role. By binding to the
299	receptor GFR $\alpha$ 3, ARTN activates TRPV1 channels in the dorsal root ganglion (DRG) and
300	enhances nociceptive signaling, which may lead to mechanical and thermal hyperalgesia in
301	osteomyelitis patients. <sup>44</sup> In addition, ARTN may prolong the inflammatory cycle by
302	inhibiting autophagy or promoting the sustained release of inflammatory factors such as IL-
303	6, resulting in difficult infection control. <sup>45</sup> However, current studies have not clarified the
304	direct correlation between ARTN and TRPV1 channels and osteoclast activation. In the
305	future, animal models are needed to verify the changes in the expression of ARTN in
306	osteomyelitis, which may provide benefits for the treatment of osteomyelitis.

## 307 Limitations of the Study

308 The study also has the following limitations. First, the completeness of GWAS datasets in

309 both cohorts, such as the diagnosis of OM and the completeness of medical records,

310 directly affects the accuracy of the study. Second, the study is limited to individuals of

311 European ancestry, and caution is needed when interpreting the results for other

312 populations. Third, although we conducted a series of sensitivity analyses and PheWAS, it

313 should be noted that heterogeneity cannot be completely eliminated due to inherent

314 methodological biases of MR and differences in genetic data. Finally, further research is

315 needed to investigate the effects of gender, lifestyle, or nutrients on the associations, which

316 should be validated in larger GWAS samples or clinical settings.

## 317 Conclusion

318 Our study findings support a potential causal link between 9 circulating inflammatory

319 proteins and OM, with a particular emphasis on the role of CCL4 in the immune

- 320 progression of osteoblasts. However, the current results can only be regarded as supporting
- 321 evidence for a potential causal relationship, which needs to be further verified by
- 322 combining experimental and clinical studies and in multi-ethnic populations.
- 323 **Declarations**
- 324 Ethics approval and consent to participate
- 325 Not applicable
- 326 **Consent for publication**
- 327 Not applicable
- 328 Availability of data and materials
- 329 All data generated or analysed during this study are included in this published article (and
- 330 its supplementary information files).

# 331 **Competing interests**

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the screening of serum markers using protein chips. Onco Targets Ther. 2018;11:5777-

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Table 1 GWAS sources and data characteristics for exposures and o	outcomes
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Phenotype	Consortium	Sample size	Ethnicity	Data Accession
Circulating inflammatory proteins	A meta-analysis of GWAS	14,824	European	https://doi.org/10.1038/s4 1590-023-01588-w
Osteomyelitis (Discovery cohort)	FinnGen	431,951	European	https://www.finngen.fi/en
Osteomyelitis (Replication cohort)	UKBiobank	486,484	European	https://gwas.mrcieu.ac.uk/

486 487	Figure 1 The overall study design regarding the association between 91 circulating inflammatory proteins and osteomyelitis.
488	
489	
490 491	Figure 2 Circular heat map of 91 circulating inflammatory proteins on osteomyelitis MR Results in the discovery cohort.
492	
493 494 495	<b>Figure 3</b> causal relationship between 4 inflammatory proteins and osteomyelitis in the discovery cohort. The effect of the four inflammatory proteins on osteomyelitis is represented by the OR value.
496	
497 498	Figure 4 Circular heat map of 91 circulating inflammatory proteins on osteomyelitis MR Results in the replication cohort.
499	

500	Figure 5 causal relationship between inflammatory proteins and osteomyelitis in the
501	discovery cohort. The effect of the six inflammatory proteins on osteomyelitis is
502	represented by the OR value.
503	
504	Figure 6 Meta-analysis of the causal relationship between CCL4 and osteomyelitis.
505	Random effects model pooled effect sizes for IVW outcomes in both cohorts are shown.
506	







Exposure-Outcome	SNP(n)		OR (95% CI)	P-value
OPG levels - Osteomyelitis	3			
MR Egger		⊢ <u>⊢ ⊢</u> →	3.92 (0.73 to 21.03)	0.357
Weighted median		H	1.44 (1.07 to 1.92)	0.012
Inverse variance weighted		, <u> </u>	1.48 (1.14 to 1.93)	0.003
Simple mode		<b>⊨ ■</b> →	1.40 (0.97 to 2.01)	0.205
Weighted mode		)	1.42 (1.01 to 1.99)	0.169
MCP-4 levels - Osteomyelitis	6			
Weighted median		H	1.16 (0.93 to 1.46)	0.183
Inverse variance weighted			1.22 (1.03 to 1.45)	0.022
Simple mode		H	1.18 (0.85 to 1.64)	0.369
Weighted mode		H	1.12 (0.85 to 1.48)	0.454
ADA levels - Osteomyelitis	3			
MR Egger		-	1.18 (0.98 to 1.41)	0.325
Weighted median		<b>⊢</b> ∎−−+	1.21 (1.05 to 1.40)	0.01
Inverse variance weighted		<b>⊢</b> ∎→	1.21 (1.06 to 1.38)	0.006
Simple mode		<b>⊢</b>	1.33 (1.09 to 1.63)	0.11
Weighted mode			1.17 (0.99 to 1.37)	0.203
CCL4 levels - Osteomyelitis	4			
Weighted median		H-H-H	1.11 (0.98 to 1.26)	0.108
Inverse variance weighted			1.12 (1.00 to 1.26)	0.05
Simple mode			1.12 (0.94 to 1.33)	0.298
Weighted mode		+	1.11 (0.98 to 1.25)	0.187
MR results of four inflammatory proteins and osteomy	velitis.(discovery phase			

No osteomyelitis



Exposure-Outcome	SNP(n)		OR (95% CI)	P−value
MCP-3 levels - Osteomyelitis	6			
MR Egger		<	0.93 (0.64 to 1.37)	0.743
Weighted median		H	0.86 (0.70 to 1.06)	0.162
Inverse variance weighted		<b>←</b>	0.82 (0.69 to 0.98)	0.025
Simple mode		< II 1	0.86 (0.65 to 1.12)	0.316
Weighted mode		<	0.86 (0.68 to 1.10)	0.293
IL15RA levels - Osteomyelitis	8			
MR Egger		⊢_ <u>1</u> ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	1.05 (0.90 to 1.23)	0.569
Weighted median			1.08 (0.98 to 1.19)	0.085
Inverse variance weighted			1.09 (1.00 to 1.18)	0.047
Simple mode		<u>⊢ i ⊞</u> i	1.07 (0.90 to 1.27)	0.409
Weighted mode			1.08 (0.98 to 1.19)	0.179
CXCL5 levels - Osteomyelitis	6			
MR Egger		<-∎- <u>+</u> -	0.85 (0.67 to 1.08)	0.26
Weighted median			0.86 (0.77 to 0.97)	0.01
Inverse variance weighted		<b>⊢</b> ∎{	0.86 (0.76 to 0.99)	0.03
Simple mode			0.88 (0.71 to 1.10)	0.332
Weighted mode		<b>⊢</b> ∎	0.86 (0.76 to 0.97)	0.069
CCL4 levels - Osteomyelitis	10			
MR Egger			1.04 (0.89 to 1.23)	0.606
Weighted median		<b>⊢</b> ∎−1	1.09 (0.99 to 1.20)	0.082
Inverse variance weighted		Here and the second sec	1.11 (1.02 to 1.20)	0.012
Simple mode			1.13 (0.95 to 1.33)	0.162
Weighted mode		<b>⊢</b>	1.09 (0.99 to 1.20)	0.097
CCL19 levels - Osteomyelitis	6			
MR Egger			0.92 (0.63 to 1.34)	0.69
Weighted median		H	0.88 (0.74 to 1.06)	0.183
Inverse variance weighted		⊨∎-l	0.84 (0.72 to 0.98)	0.03
Simple mode			0.87 (0.65 to 1.17)	0.381
Weighted mode			0.91 (0.74 to 1.12)	0.428
ARTN levels - Osteomyelitis	3			
MR Egger		$\leftarrow$ $\stackrel{!}{}$	0.67 (0.01 to 32.02)	0.871
Weighted median			1.45 (0.94 to 2.23)	0.092
Inverse variance weighted		⊢ <b></b> →	1.47 (1.03 to 2.10)	0.034
Simple mode			1.43 (0.84 to 2.44)	0.298
Weighted mode			1.42 (0.88 to 2.27)	0.318
MR results of six inflammatory proteins and osteomy	litis.	).7 1 2		

No osteomyelitis osteomyelitis

Cohort	Odds Ratio (95% CI)	Weight (%)
Discovery phase	• 1.12 (1.00, 1.26)	31.58
Replication phase —	1.11 (1.02, 1.20)	68.42
Overall, DL (l <sup>2</sup> = 0.0%, p = 0.872)	1.11 (1.04, 1.19)	100.00
NOTE: Weights are from random-effects model	1.25	